

Questions People Ask

Week One – January 7/8, 2017

How Do You Face the Elephant in the Room?

Main Point: How you face the elephants in your life is up to you. Ignoring the elephant will limit the fullness of God's grace and plan for you life.

1. When Pastor Ken mentioned dealing with the elephant in the room – did something immediately come to your mind? Share with the group, only if you feel comfortable, how you handled your “elephant” situation.
2. How does ignoring the elephant give it more power?
3. Read Psalms 139:23-24. Talk about how these scriptures speak of “honest, self-evaluation”. Remember, victory always begins on the inside.
4. Read Matthew 7:3,4,5. What jumps out at you? Describe how these scriptures will help you with self-evaluation?
5. Elephant still there after an honest self-evaluation? It may be time to enter the “tunnel of chaos”. Take a deep breath, pray and face the elephant. Read Proverbs 3:12. Share in your group the distinction between hurt and harmful.
6. Describe the process after you have gone through the tunnel. It is never one and done.
7. Read Proverbs 3:5,6. What does it say will happen when we put our trust in the Lord?

8. There is tension you will have to learn to manage. You may need to ask yourself, "in the light of eternity, does this really matter. Do I need to let it go?" Is there an elephant you need to let go of?

9. Remember the way to deal with your elephant:
 - a. Honest self-evaluation and acknowledgement
 - b. Candid confrontation with courageous love
 - c. Ongoing progress with taking one step at a time

A challenge: Read Psalm 139:23,24, everyday this week. Next week share with your group how reading/ praying these scriptures made a difference in your life.

Romans: 12:17-18 says: "Never pay back evil with more evil. Do things in such a way that everyone can see you are honorable. DO ALL THAT YOU CAN TO LIVE IN PEACE WITH EVERYONE."

Further reading:
Romans 12:3