



SUMMER

at Cypress

July 3rd, 2021

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TEACHING OVERVIEW

Worship leader, Rachel Wolfe, reminded us this weekend that everyone has access to the joy of the Lord. It is important to note, however, the difference between happiness and joy.

Encouragement

When is the last time you experienced the joy of the Lord?

What brings you happiness?

Scripture & Discussion

Read: Psalm 9:1-2,
Psalm 16:11,
Psalm 119:111

Discuss

1. Happiness is an emotion we feel; it's fleeting. Joy, however, is rooted in our faith in Jesus Christ. It is not dependent on our circumstances because our circumstances can change. God, however, is a constant in our lives. Knowing that, we can have hope and joy no matter what we face. What might you be facing that may be preventing or robbing you of your joy?
2. King David is an example of what it means to have joy despite our circumstances. While he suffered through trials, challenges, threats, and attacks, he still chose to worship the Lord. In times of suffering, what are our usual or common reactions? How can we begin to combat these tendencies to fully know and experience God's joy?



Scripture & Discussion

Discuss

3. The more we learn and know about God and His character, the more we are able to experience His joy. He has a plan for us, a plan to prosper us. How can we begin pursuing God more in order to experience more of the joy that He has to offer us?
4. Everyone has access to the joy of the Lord. How can we as Christ-followers begin, or continue, to share the joy of the Lord with others? What are ways we can set the example for what it means to have true joy rooted in Christ?
5. God gave us His living word; this is another reason to be joyful. It's also a way for us to pursue God's heart and become more reliant on Him, like King David. How can you become more dependent on who God is this week?

Prayer

Pray as a group that you would know the joy of the Lord.

Pray that in the midst of suffering, trials, challenges, and attacks by the enemy that you would know and experience the joy that God has to offer us.

Next Steps

Take time to journal about the things you are grateful for and share the joy of the Lord with others.

Choose to pursue God daily in order to fully know the joy He has to offer you and others around you.