

## The Wall : Can I Really Change?

Week 2 Study Guide

September 17 & 18, 2016

### Main Point

Jesus Christ really can change your life. Science supports the TRUTH of scripture – change is possible and changing one's life is the heart of Christian living.

1. Have you ever physically climbed or attempted to climb a wall? Describe your experience.
2. Share (only if you feel comfortable) the hardest mental wall you have faced. Why do you think it was difficult?
3. Read **Proverbs 12:25** Have you received a compliment from someone lately? How did that make you feel? Compare that feeling to when you are worried about something. Knowing how receiving a compliment makes you feel – have you given a compliment to someone recently?
4. **Dramatic Change** – Read **2 Corinthians 5:17** Do you know someone who, after they accepted Christ, their life was dramatically different? What changes did you notice? This dramatic change only occurs when we respond to receive God's gift of grace and forgiveness through His Son, Jesus Christ.
5. What does it mean to you when you hear, "The old life is gone; a new life has begun?"
6. **Day-by-Day Change** – Read **Romans 12:2** and **2 Corinthians 4:16**. After accepting Jesus Christ and asking Him to change you and make you new – know that this is a daily process, a daily walk. What is your part to see change in that daily process?  
Read **Philippians 4:4-9**
7. Pastor Ken gave us four ways to partner with God to see change occur and get past the wall.
  - **Find a reason to be thankful and proclaim it**
  - **Lay "it" down at the feet of God**
  - **Guard your intake**
  - **Do something. Take a step.**  
Read **Philippians 4:8,9**. (Great verses to memorize)