



SUMMER *at Cypress*

June 27, 2021

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TEACHING OVERVIEW

This week we heard from Pastor Jackson as he continued our Summer at Cypress series. He shared with us the story of Job and walked us through how grief plays a major role in each of our lives at some point in time. He showed us that even though we often try to avoid grief, it is necessary to walk through and can lead to tremendous growth.

Encouragement

Pastor Jackson shared about the response of Job's friends in this situation and how they did three things. First, they came to him, second, they empathized with him, and third, they listened to him. Talk with your Group about how you can encourage someone around you this week by going through these three steps.

Scripture & Discussion

Read: [Job 1:20-22](#)

Discuss

1. What has your personal perception of grief been in life? Have you viewed it as something good or bad, necessary or optional? How has your perspective of grief possibly changed after hearing this message?
2. Pastor Jackson stated that grief is like the scabbing of the soul. Talk with your Group about why grief is so important to the healing process. Ask yourselves what entering into the grieving process with a community of people can bring.



Scripture & Discussion

Read: [Job 2:11-13](#)

Discuss

1. When Job was grieving, his friends came to him, empathized with him, and listened to him. They waited an entire week before ever offering him any advice. Has there been someone in your life who has done this for you? Where they didn't push advice, but just sat with you and listened to you? How did this make you feel? Talk with your Group about how you can be this kind of friend with someone else.
2. Pastor Jackson encouraged each of us to cling even tighter to what we DO know when in situations when we DON'T know. Job faced great uncertainty in his life and he definitely didn't know why these things were happening. What do we know about God that we can cling to in times of uncertainty?
3. Pastor Jackson said that when we give God trust, He gives us understanding. What is one situation or circumstance in your life today that you need to trust God with?

Prayer

Take some time to pray as a Group that you would be willing to trust God with uncertain situations, even when it gets hard. Ask God to give you the confidence to trust His purpose for your pain, even when it may be uncertain.

Pray this week that God would present opportunities for you to comfort others in their grief. Pray for encouragement for one another through this journey of struggle and healing.

Next Steps

Look for opportunities to sit with, empathize with, and listen to someone you know that is grieving. Write down how this went, how it made you feel, and how it seemed to make the other person feel.

Commit today to trusting God with your pain, knowing that you don't need to understand WHY these things are happening, but instead you will gain understanding to HOW God will use these things for growth in your life and in the lives of others as well.