

**Inside Out**  
**Study Guide – Week 3**  
**Family Relationships Are Complicated**

**Main Point:** Keeping Christ first will completely change your family. It is never too late to start and finish well.

1. What would you say the biggest difference in the way “family” looks now compared to when you were growing up?
2. Do you agree that family life is challenging at times? (of course it is) What things make family life so complicated?
3. Think and talk about how we can do family better? Is that realistic? Why or why not?
4. We can do family better by understanding and adjusting to our current season of life. Cyclical = living in one season while preparing for the next. Progressive = Growing up/ maturity. Family life is a combination of both.
5. Read 1 Corinthians 13:11. How can this verse give us guidance in our family relationships?
6. What adjustments have you had to make in your current season of life?
7. Read 1 Corinthians 13:11. How can this verse give us guidance in our family relationships?
8. Read and underline Isaiah 43:18. When moving to a new season – how can this verse encourage you?
9. Read Proverbs 27:17. No matter what season of life you are experiencing – build your network. Start when kids are young. “if a child comes to know God’s love on a personal basis at a young age, you just charted the

course of the rest of their life!" However, it is never too late to begin. Whatever season your family is in start now.

10. What is the one way you can begin right now to keep God your #1 priority? What is the next step you can take to get your priorities in order? God, spouse, kids, extended family and friends.

The #1 key to changing your family – make certain Christ really is your number ONE and He will completely change you. That's the best hope and help for families to change. Make it about you not them.

Personal & Family life will be shaped by whoever is in the #1 spot. #1 gets to determine your mission...vision...values that guide your life and decisions.

Challenge: Start making your family better by committing yourself to a lifestyle of obedience to Christ that reveals itself through acts of love and service to your family. Make a decision to go to church weekly, plug into a network (kids and teen ministry, small groups, serve teams) that can help carry you to the place you want to be.

**Further Reading:**

John 16:33

John 15:4

Deuteronomy 17:1

2 Chronicles 1:7-12

Genesis 15

Luke 22:20