

The Me You Don't See

Week 4

Study Guide

Building, Shaping, and Transforming the Me You Don't See

Main Point: We have to surround ourselves with people who will spur us on and encourage us to pursue a closer relationship with Jesus Christ.

1. Read 1 Corinthians 11:1 and Philippians 4:9... Mentorship is not necessarily a Christian term, however, it is an intentional relationship to share life for the purpose of growth and development.
 - Who are the mentors you surround yourself with that aid you in your personal growth and development?
 - Are you able or already mentoring someone, drawing them closer to Christ?
2. Read Acts 20:20... The Church is a sphere of influence that is made up of tons of smaller circles of influence. Being part of these circles means you hear the truth, join the movement, and help lost people.
 - How are you carrying out this sphere of influence into your work environment? Into your school? Into your home?
 - Have you found your sphere of influence, or circle, at Cypress?
3. John 10:10... The heart of the Gospel is not about us, but about others. It is mission oriented.
 - Who has God put in your life, that you are responsible to love, so that they will come to know Christ?
 - How are you helping bring out the best in those around you?
4. Read Philippians 2:1-4 and 1 Peter 5:1-4... the Church provides a place to find people who have been there and can help you get through the season of life you are in.
 - Do you utilize the people who God has placed in your sphere of influence or do you try to get through life alone?
5. A spiritual mentor shares life, points to Jesus, and walks together daily and through seasons.
 - Who is your spiritual leader?
 - Who are you leading spiritually?
6. For those who are older... Live your life, ask to hangout with younger people, find ways to love, encourage, simply add value, and ask questions. Younger people look up to you!

- Who is one younger person in your sphere of influence that you can pour into?
7. For those who are younger... Ask to hangout with those who are older, ask questions, observe, target an area to grow in, and go find someone to invest in and add value to.
- Who has God placed in your sphere of influence that can pour into your life?
8. Here are 3 next steps you can take in order to build your spheres of influence...
- Find people from your work, neighborhood, or other areas of life that God has placed on your heart, and reach out to them.
 - Join a small group or attend Discover Cypress.
 - Explore joining a serving team.

Further Reading

1 Peter 2:9

James 5:13-20

Proverbs 27:17

1 Thessalonians 5:11

Isaiah 6:8