

Sermon Notes

9-10-2023 - Rest for the Weary Warrior -Wk10 – SPIRITUAL WARFARE

Message Notes:

1 Kings 19:1–16

19 Now Ahab told Jezebel everything Elijah had done and how he had killed all the prophets with the sword.

2 So Jezebel sent a messenger to Elijah to say, “May the gods deal with me, be it ever so severely, if by this time tomorrow I do not make your life like that of one of them.”

3 Elijah was afraid and ran for his life. When he came to Beersheba in Judah, he left his servant there,

4 while he himself went a day’s journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. “I have had enough, Lord,” he said. “Take my life; I am no better than my ancestors.”

5 Then he lay down under the bush and fell asleep. All at once an angel touched him and said, “Get up and eat.”

6 He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again.

7 The angel of the Lord came back a second time and touched him and said, “Get up and eat, for the journey is too much for you.”

8 So he got up and ate and drank. Strengthened by that food, he traveled forty days and forty nights until he reached Horeb, the mountain of God.

9 There he went into a cave and spent the night. And the word of the Lord came to him: “What are you doing here, Elijah?”

10 He replied, “I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too.”

11 The Lord said, "Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by." Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake.

12 After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper.

13 When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave. Then a voice said to him, "What are you doing here, Elijah?"

14 He replied, "I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too."

15 The Lord said to him, "Go back the way you came, and go to the Desert of Damascus. When you get there, anoint Hazael king over Aram.

16 Also, anoint Jehu son of Nimshi king over Israel, and anoint Elisha son of Shaphat from Abel Meholah to succeed you as prophet.

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4 things Elijah had to do to find rest:

1. Elijah ran toward God.
2. Elijah accepted the refreshment God offered.

Jeremiah 31:25~

"I will refresh the weary and satisfy the faint."

3. Elijah kept his heart tuned to God.
4. Elijah was honest with God.

Matthew 11:28–30

28 “Come to me, all you who are weary and burdened, and I will give you rest.

29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

30 For my yoke is easy and my burden is light.”

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Jesus has a plan for the "battle" wearied:

1. Accept his invitation "Come to me"
2. Submit to his command "Take my yoke upon you"
3. Embrace his benefit "My yoke is easy"

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Today, do you need to find rest from the battle? Even in the midst of the battle?

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