

Fashioned

IN THE IMAGE OF GOD

WEEK TWELVE

COURAGEOUS

DAY 1

1. Begin your study time with prayer.
2. Look up the definition for courage in the dictionary and write its definition below:

3. Does the definition above accurately describe your spiritual life and the depth of your trust/obedience to Christ? Why or why not?

4. What is the opposite of courage?

5. In what areas of your life do you struggle the most with being courageous or, in which areas are you most tempted to fear and be anxious?

6. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.).

Scripture Memory:

Have I not
commanded you?
Be strong and
courageous! Do not
tremble or be
dismayed, for the
Lord your God is
with you wherever
you go.

~Joshua 1:9

I'm praying about:

DAY 2

1. Begin your study time with prayer.
2. Read Exodus 1:8-16. What did the Pharaoh command the Hebrew midwives to do to the male babies?
3. Put yourself in the midwives shoes. How would you feel to be given such a command? What would you do?
4. What did the midwives do and what was the reason? See Exodus 1:17-21.
5. We can know the command of God but choose not to follow it because we are afraid of what the consequences will be or what people may think of us. Despite the great risk to their own lives Puah and Shiphrah chose to be courageous, reject the command of the Pharaoh, and obey God instead. They did so because they feared (or respected) Him more than they did Pharaoh. What does it say God did for the midwives in verse 20? Will He not do the same for you as you take courage and obey?
6. Write out this week's memory verse below:

DAY 3

1. Begin your study time with prayer.
2. The opposite of courage is cowardice, fearfulness and/or anxiety. What effect does fear? How does it impact your decisions, obedience, faith, etc.?
3. What is the question Jesus asks His disciples in Mark 4:40?
4. In the verse above Jesus indicates that fear is the opposite of faith. Scripture commands us more than 365 times not to fear. We cannot both trust the Lord and be afraid. This does not mean we won't feel the temptation to fear or be anxious, but it does mean we must not allow fear to rule us. Eliminating fear altogether is not an attainable goal, but deciding to exercise courage and walk in obedience even in the midst of fearful times is. Think of areas in which you are anxious. How can you place your trust fully in the Lord and exercise courage in those areas?
5. Write out this week's memory verse below:

DAY 4

1. Begin your study time with prayer.
2. Read Psalm 56:3-4. Notice the Psalmist doesn't say "if," but "when." Fear is a natural human emotion that we all feel at times. What does the Psalmist do when he is afraid?
3. In the moment when the Psalmist feels afraid he makes a decision to trust the Lord instead. When we feel afraid what are we commanded to do in Philippians 4:6-7?
4. If instead of dwelling on our many anxieties we present them to the Lord in prayer, what benefit do we gain, according to verse 7?
5. What does God promise to be for us in Psalm 9:9-10?
6. Write out this week's memory verse below:

DAY 5

1. Begin your study time with prayer.
2. What do Isaiah 41:10 & 13 command us and what do they promise?
3. Our source of courage should never be ourselves. Rather, it should stem from faith in God who will not abandon us in trouble and who gives us strength for each circumstance we encounter as we lean on Him. What does Jesus say is the source of our courage in the midst of this troubled world in John 16:33?
4. While we cannot control what happens in life, we can prepare ourselves for fearful challenges by choosing to trust the Lord. What does Proverbs 3:5-6 direct us to do and what are we promised as a result?
5. What else do Psalm 27:14 and Psalm 31:24 tell us to do?
6. There are times you may feel you don't have the courage or the faith for a given situation. What do the disciples ask of Jesus in Luke 17:5? If you feel your faith falter, make the same request of the Lord who is always faithful to answer in times of need.
7. Write out this week's memory verse below: