

M · MENT

ROCKYOUTH WINTER RETREAT 2019

SO BE CAREFUL HOW YOU LIVE. DON'T LIVE LIKE FOOLS, BUT LIKE THOSE WHO ARE WISE. MAKE THE MOST OF EVERY OPPORTUNITY IN THESE EVIL DAYS. DON'T ACT THOUGHTLESSLY, BUT UNDERSTAND WHAT THE LORD WANTS YOU TO DO.

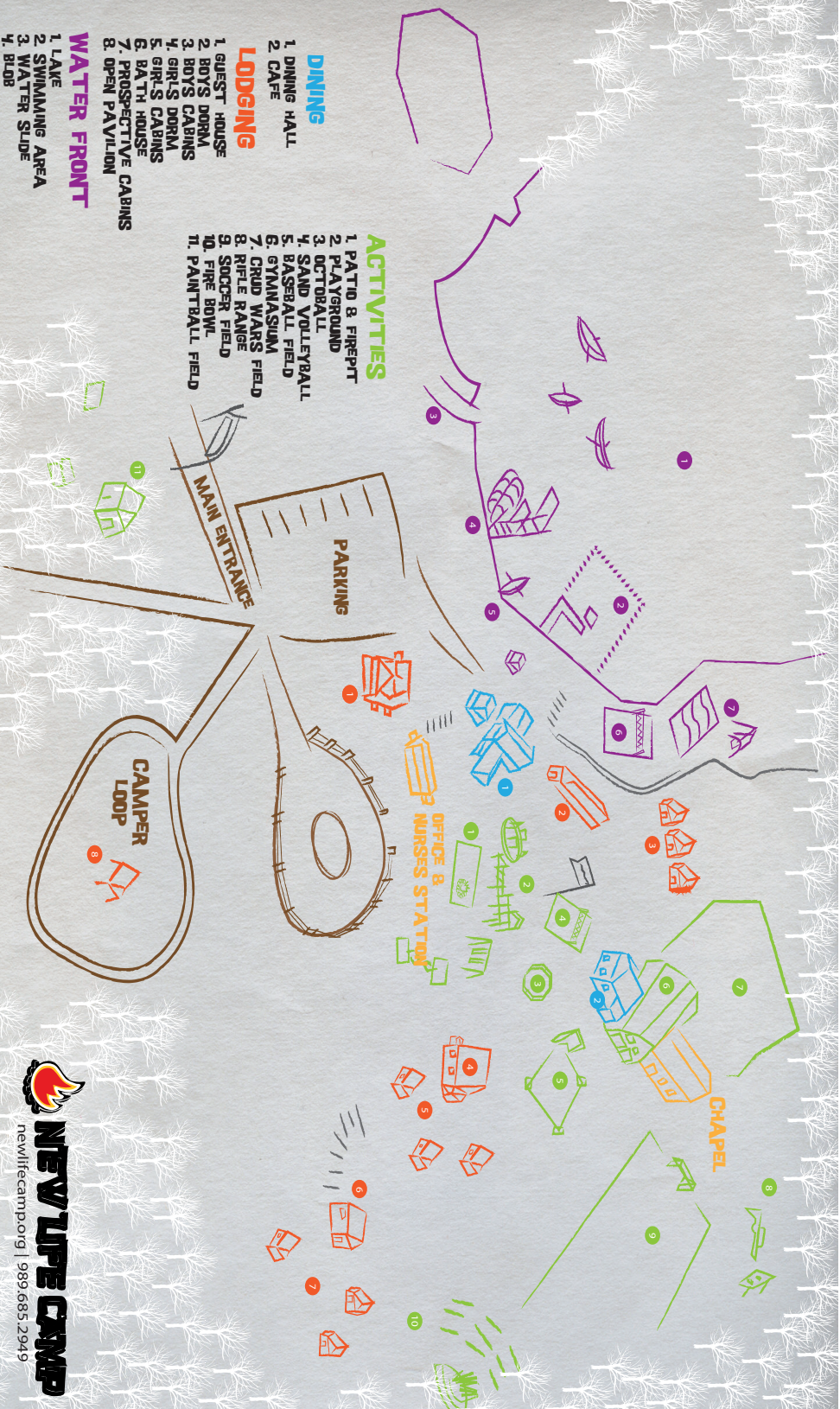
EPHESIANS 5:15-17

- WATER FRONT**
1. LAKE
 2. SWIMMING AREA
 3. WATER SLIDE
 4. BLUB
 5. CANDES
 6. VOLLEYBALL
 7. SPLASH PAD - BUCKET DROP

- DINING**
1. DINING HALL
 2. CAFE

- LODGING**
1. GUEST HOUSE
 2. BOYS DORM
 3. BOYS CABINS
 4. GIRLS DORM
 5. GIRLS CABINS
 6. BATH HOUSE
 7. PROSPECTIVE CABINS
 8. OPEN PAVILION

- ACTIVITIES**
1. PATIO & FIREPT
 2. PLAYGROUND
 3. OCTOBALL
 4. SAND VOLLEYBALL
 5. BASEBALL FIELD
 6. GYMNASIUM
 7. GRID WARS FIELD
 8. RIFLE RANGE
 9. SOCCER FIELD
 10. FIRE BOWL
 11. PAINTBALL FIELD



SCHEDULE

	FRIDAY	SATURDAY	SUNDAY	
7:00a		Leader Prayer	Leader Prayer	
8:00a		Breakfast	Breakfast	
9:00a		Bible Devotion	Bible Devotion	
10:00a		Morning Chapel	Morning Chapel	
11:00a			Drive Home (McDonald's)	
12:00p		High School Lunch		
		Middle School Lunch		
1:00p		FOB (flat on back)	Arrive at Church	
2:00p		Free Time <i>(Broomball Tournament, Giant Jenga Tournament, Basketball Tournament-3pm, Snack Shack, Gym, Snow Football, Mario Kart, ATV Sledding, Snow Sculpture Tournament)</i>		
3:00p		Registration		
4:00p		Leave for Camp		
5:00p		Stop for Dinner		Clean-up for Dinner
6:00p				High School Dinner
7:00p				Middle School Dinner
8:00p	Arrive at Camp	Night Chapel		
		Free Time		
9:00p	Night Chapel	Free Time <i>(Black Light Pillow Fight, Mario Kart Tournament, Spoons Tournament, Giant Jenga Tournament, Snack Shack)</i>		
10:00p		LATENIGHT		
11:00p			Cabin Devotion	
	Lights Out	Lights Out		

RULES

- 1. FLUSH THE TOILET**
- 2. SHOWER & DEODORANT**
- 3. PARTICIPATION REQUIRED**
- 4. APPROPRIATE AREAS**
- 5. MODESTY**
- 6. NO P.D.A.**
- 7. CLEAN YOUR TABLE**
- 8. NO PRANKING**
- 9. HAVE FUN!!!**

TROPHIES

BROOMBALL

BASKETBALL

GIANT JENGA

MARIO KART

SPOONS

ASSASSIN

RISEN

In life, there are lots of MOMENTS, some big and some small. They seem to come and go like the wind. But it's these moments that change who you are and the direction your life is going.

Things like:

- Discoveries (land, resources, ideas, etc...)
- Wars (who wins, who loses)
- Technology (writing, electricity, computers, cars, airplanes, the printing press, the internet, etc...)
- Relationships (parents, friends, coworkers, spouse, etc...)

Things like the computer changed the way we communicate, the way we do business, the way we shop, the way we entertain ourselves and so much more. Our lives will never be the way they were before computers.

Sin, or falling short of God's standard of perfection, is the same way. When Adam in the Garden of Eden sinned or when we ourselves sinned for the first time, it immediately separated us from God for eternity.

What seemed like such a small decision, "To eat the fruit of the tree of knowledge of good or evil or not" changed the destiny for all of mankind for the remaining time left on earth.

While that MOMENT was a destructive - one that instantly destined all mankind to Hell, or separation from God our creator for eternity, God could not stand to be separated forever from his creation- us, who are created in his image.

God decided, that MOMENT, and every other sinful moment like it, was worth dying for.

When we were utterly helpless, Christ came at just the right time and died for us sinners. Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good. **But God showed his great love for us by sending Christ to die for us while we were still sinners.**

Romans 5:8

What a MOMENT that things changed forever! Not only for you and I, but for all time.



CHAPEL NOTES

RISEN



CABIN DEVOTIONS

RISEN

IT IS FINISHED

It had been a long couple days. He knew why he was there and what his purpose was, but the stress of knowing what was about to happen had him sweating drops of blood.

It wasn't the persecution that was about to come that stressed him out, but the fact that His father was about to turn his back on him. For the first time, he would feel what separation from God was like.

As he prayed, he asked God, "Father, if you are willing, please take this cup of suffering away from me." He realized the weight of what he had been tasked to carry- the sins of all mankind. Ending his prayer he said, "Yet I want your will to be done, not mine."

That moment, Jesus was faced with a decision: to do his will or the Father's will. Gratefully, he chose his Father's will. That very moment of faithfulness to God's will led to Jesus hanging on the cross to die for the sins of mankind.

That moment was just the beginning. Jesus was about to finish something that began back in the garden of Eden when Adam chose to sin for the very first time.

Jesus was tortured. Then...

"After this, Jesus, knowing that all things were now accomplished, that the Scripture might be fulfilled, said, "I thirst!" Now a vessel full of sour wine was sitting there; and they filled a sponge with sour wine, put it on hyssop, and put it to His mouth. So when Jesus had received the sour wine, He said, "IT IS FINISHED!" And bowing His head, He gave up His spirit."

In that moment, Jesus paid for the sins of the world. He gives hope that although the fact remains that the wages of sin is

death, He has provided the gift of eternal life through himself, Jesus Christ- our Lord.

Each of these moments is notable, but make little difference if Jesus died on the cross like other criminals at that time. These moments only matter because they're followed by another moment: Jesus rising from the dead.

Early on Sunday morning, as the new day was dawning, Mary Magdalene and the other Mary went out to visit the tomb. Suddenly there was a great earthquake! For an angel of the Lord came down from heaven, rolled aside the stone, and sat on it. His face shone like lightning, and his clothing was as white as snow. The guards shook with fear when they saw him, and they fell into a dead faint. Then the angel spoke to the women. "Don't be afraid!" he said. "I know you are looking for Jesus, who was crucified. He isn't here! He is risen from the dead, just as he said would happen. Come, see where his body was lying. And now, go quickly and tell his disciples that he has risen from the dead, and he is going ahead of you to Galilee. You will see him there. Remember what I have told you."



QUESTIONS:

- What are some **MOMENTS** in your life or from the lives of those around you (family, friends, culture, etc...) that have defined who you are?

POSITIVELY

NEGATIVELY

- If you have negative **MOMENTS** in your life, how have they left a lasting negative impact?

- If you have negative **MOMENTS** in your life, how can their impact be changed? How can they be used for good?

RISEN

- What significance do the **MOMENTS** of Jesus dying on the cross and raising from the dead mean to you?

- If they mean little to you, why? What things about Jesus are you skeptical about?

CHALLENGE

As you spend this weekend processing the MOMENTS - positive or negative - in life that matter, ask yourself, "How can God use or heal this situation or part of me in a MOMENT'S time?"

What are you doing to try to trust in him or progress forward?

GIVEN

It almost seems too good to be true.

In a MOMENT, God became man, died on a cross, and raised from the dead. Now if I just believe in him, in merely a MOMENT, all my sins are washed away and I get to live forever in heaven.

This idea brings so many questions to mind:

- How am I even supposed to know that this is true?
- What about all the other religions in the world? What makes Christianity any different than them?
- How can I know it “worked”? Do I have to “believe” again if I mess up?
- What if I doubt?

The simple answer for each of these questions? The Holy Spirit. But obviously we need more explanation than that.

We can see from the scriptures:

Peter replied, “Each of you must repent of your sins and turn to God, and be baptized in the name of Jesus Christ for the forgiveness of your sins. Then you will receive the gift of the Holy Spirit.

Acts 2:38

It is God who enables us, along with you, to stand firm for Christ. He has commissioned us, and he has identified us as his own by placing the Holy Spirit in our hearts as the first installment that guarantees everything he has promised us.

2 Corinthians 1:21-22

The Holy Spirit is given to those who believe. When we receive Him, He is a sign, a seal, an identification card that proves the truth of belief in Jesus Christ. He’s how we know that MOMENT of belief mattered.

But even knowing this brings other questions to mind:

- Who or what is the Holy Spirit and what is his role?
- When are we given the Holy Spirit?
- How do we know we have the Holy Spirit?
- How do we hear from the Holy Spirit?

BIBLE DEVOTIONS

READ:

MATTHEW 3:16-17

After his baptism, as Jesus came up out of the water, the heavens were opened and he saw the Spirit of God descending like a dove and settling on him. And a voice from heaven said, "This is my dearly loved Son, who brings me great joy."

JOHN 16:6-9

But now I am going away to the one who sent me, and not one of you is asking where I am going. Instead, you grieve because of what I've told you. But in fact, it is best for you that I go away, because if I don't, the Advocate won't come. If I do go away, then I will send him to you. And when he comes, he will convict the world of its sin, and of God's righteousness, and of the coming judgment. The world's sin is that it refuses to believe in me."

ACTS 2:38

Peter replied, "Each of you must repent of your sins and turn to God, and be baptized in the name of Jesus Christ for the forgiveness of your sins. Then you will receive the gift of the Holy Spirit.

GALATIANS 4:4-7

But when the right time came, God sent his Son, born of a woman, subject to the law. God sent him to buy freedom for us who were slaves to the law, so that he could adopt us as his very own children. And because we are his children, God has sent the Spirit of his Son into our hearts, prompting us to call out, "Abba, Father." Now you are no longer a slave but God's own child. And since you are his child, God has made you his heir.

2 TIMOTHY 3:16-17

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.

EPHESIANS 5:15-19

So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do. Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit.



QUESTIONS:

- What is the Holy Spirit?

- What is the Holy Spirit's role/job?

- When are we given the Holy Spirit?

- What does it mean to have the Holy Spirit?

- Do you have the Holy Spirit? How do you know?

GIVEN

- How do we hear the Holy Spirit?

- Have you ever heard the Holy Spirit speak to you? If so, what did He say? How did you respond?

- What did you learn from that experience?

PRAYER

Lord, sometimes doubt creeps in and I question my salvation. I know a lot about you, but sometime I wonder if I'm known by you. Please make your Holy Spirit's presence in my life clear. And if He's absent, help me realize that I need to truly surrender to you as Lord once and for all.

QUENCH

Most of the time, when we see the word QUENCH, we think of “quenching” or satisfying our thirst. But the word QUENCH extends to more than just water. Its definition?

QUENCH (KWEN(T)SH): extinguish

Whether quench refers to your thirst, a fire, or something else entirely, it means to extinguish it.

EXTINGUISH (IK'STINGGWISH): cause (a fire or light) to cease (to burn or shine)

How does this relate to the Holy Spirit? Whenever the Holy Spirit is around, the Bible refers to Him as being a fire. The burning bush(Exodus 3:2), John the Baptist(3:11), and Matthew the day of Pentecost(Acts 2) are all examples.

In 1 Thessalonians 5:17 when Paul writes,

“Do not quench the Spirit,”

He is literally saying, do not extinguish or cause to stop, the burning passion of the Holy Spirit in your life. Do not take a bucket of water (your desire to sin or live outside the will of God for your life) and extinguish (quench) the Holy Spirit.

We know that Paul must have a good reason to write this. So what does happen if we do QUENCH THE HOLY SPIRIT?

BIBLE DEVOTIONS

READ:

1 THESSALONIANS 5:17

Do not quench the Spirit

ROMANS 1:18-27

But God shows his anger from heaven against all sinful, wicked people who suppress the truth by their wickedness. They know the truth about God because he has made it obvious to them. For ever since the world was created, people have seen the earth and sky. Through everything God made, they can clearly see his invisible qualities—his eternal power and divine nature. So they have no excuse for not knowing God.

Yes, they knew God, but they wouldn't worship him as God or even give him thanks. And they began to think up foolish ideas of what God was like. As a result, their minds became dark and confused. Claiming to be wise, they instead became utter fools. And instead of worshiping the glorious, ever-living God, they worshiped idols made to look like mere people and birds and animals and reptiles.

So God abandoned them to do whatever shameful things their hearts desired. As a result, they did vile and degrading things with each other's bodies. They traded the truth about God for a lie. So they worshiped and served the things God created instead of the Creator himself, who is worthy of eternal praise! Amen. That is why God abandoned them to their shameful desires. Even the women turned against the natural way to have sex and instead indulged in sex with each other. And the men, instead of having normal sexual relations with women, burned with lust for each other. Men did shameful things with other men, and as a result of this sin, they suffered within themselves the penalty they deserved.

EPHESIANS 4:17-32

With the Lord's authority I say this: Live no longer as the Gentiles do, for they are hopelessly confused. Their minds are full of darkness; they wander far from the life God gives because they have closed their minds and hardened their hearts against him.

They have no sense of shame. They live for lustful pleasure and eagerly practice every kind of impurity.

But that isn't what you learned about Christ. Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.

So stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body. And “don't sin by letting anger control you.” Don't let the sun go down while you are still angry, for anger gives a foothold to the devil.

If you are a thief, quit stealing. Instead, use your hands for good hard work, and then give generously to others in need. Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

And do not bring sorrow to God's Holy Spirit by the way you live. Remember, he has identified you as his own, guaranteeing that you will be saved on the day of redemption.

Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.



QUESTIONS:

- What does it mean to QUENCH the Holy Spirit? How is it done?

- What happens to those who QUENCH the Holy Spirit?

- Have you ever or are you right now QUENCHING the Holy Spirit?

HOW?

WHY?

QUENCH

- Are there penalties (consequences) in your life that are deserved because of your sins or the sins of others (family, friends, culture, etc..)?

- Are there any things mentioned in the Ephesians passage that you need to change so that you stop causing sorrow to God's Holy Spirit?

PRAYER

Lord, I know when I surrendered my life to you, but sometimes I don't feel your Holy Spirit at all. I'm sorry for the ways I've quenched your presence from my life. Please soften my heart. Help me turn back to your ways, and help me never wander far from you again.

CHAPEL NOTES

QUENCH

CABIN DEVOTIONS

YOU DO YOU

400 years before Samson was even a thought in the hearts and minds of Manoah and his wife, God spoke to Moses and told him,

When the LORD your God hands these nations over to you and you conquer them, you must completely destroy them. Make no treaties with them and show them no mercy. You must not intermarry with them. Do not let your daughters and sons marry their sons and daughters, for they will lead your children away from me to worship other gods.
Deuteronomy 7:2-4

But then even men of God like Samson, who “grew up and the Lord blessed him,” decided to quench the truth of the Word of God and the guiding of the Holy Spirit. They bowed to the urges of their flesh.

One day when Samson was in Timnah, one of the Philistine women caught his eye. When he returned home, he told his father and mother, “A young Philistine woman in Timnah caught my eye. I want to marry her. Get her for me.” His father and mother objected. “Isn’t there even one woman in our tribe or among all the Israelites you could marry?” they asked. “Why must you go to the pagan Philistines to find a wife?” But Samson told his father, “Get her for me! She looks good to me.”
Judges 14:1-3

Samson knew the truth of the Word of God. He had taken the Nazarite vow to live his life to serve God. He knew that by doing this, his heart could and probably would be turned away from God. He (wrongfully) thought that he was strong enough and smart enough that a woman would never turn his heart from serving God with his life.

So God did what he always does; He let Samson have the

desires of his heart. But even though God let him have this Philistine for his wife, he also didn't shield him from the consequences of that choice.

Samson chose that he wanted to live outside the will of God for his life by marrying a woman who would cause him to compromise his values and beliefs. Even after she left him he decided to do it again and marry another Philistine, named Delilah.

While it didn't happen overnight, slowly Samson faded from a fully devoted life to God and loved Delilah more than his commitment to God.

Believe it or not, it wasn't the MOMENT that Samson chose to tell Delilah that if he shaved his head, he would lose the power of God that changed his life. Instead, Samson's demise began the MOMENT he demanded his parents get a Philistine woman for him. In this MOMENT, he quenched the Holy Spirit and went against the commands of Scripture.

This is what leads to him, much later, being caught off guard and falling to Delilah's tricks,

"Then she cried out, "Samson! The Philistines have come to capture you!" When he woke up, he thought, "I will do as before and shake myself free." But he didn't realize the LORD had left him. So the Philistines captured him and gouged out his eyes. They took him to Gaza, where he was bound with bronze chains and forced to grind grain in the prison.

Judges 16:20-21



QUESTIONS:

- What happened to Samson the **MOMENT** he quenched the Holy Spirit?

- Have you ever experienced a similar **MOMENT** in your life, where you have quenched the Holy Spirit and consequences followed in your life? When?

- Why do you think God gives rules to us, like the one he gave to us to not marry unbelievers?

- Are there rules in the Bible (or that you think are in the Bible) that seem weird or unnecessary? Which ones? Why?

QUENCH

- When are you most tempted to go against God's rules? Why?

- What do you think would happen if we followed the leading of the Word of God and the Holy Spirit?

CHALLENGE

Quenching the Holy Spirit is often a series of conscious choices to ignore God's rules and warnings. Get alone with God and ask Him to show you how you've wandered from Him and pursued your own desires.

Determine: Are you willing to fully surrender your will and desires for His?

© BEY

OBEY. For many of us, it's a word that makes us cringe. We relate it to being forced to do something we have no desire to do. It feels like it costs us part of who we are.

We think of obedience as a boundary. We feel like it limits us. For some, we suffocate under its weight. But that is not God's intent when he asks us to OBEY. Obedience is actually a word that frees us from the burden of being trapped by wrong decisions we make on our own. It helps us know what our authority asks of us.

OBEY | Carry out instruction

Why would God desire that we obey or carry out his instruction?

- **John 14:15** | If you love me, obey my commandments.
- **Exodus 19:5** | Now if you will obey me and keep my covenant, you will be my own special treasure from among all the peoples on earth
- **John 10:10** | The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.
- **Luke 16:10** | If you are faithful in little things, you will be faithful in large ones. But if you are dishonest in little things, you won't be honest with greater responsibilities.
- **Ephesians 6:1-3** | Children, obey your parents in the Lord, for this is right. "Honor your father and mother"—which is the first commandment with a promise—"so that it may go well with you and that you may enjoy long life on the earth."

While many of us look at obedience as having to do what we don't want to, God views our obedience as a sign that shows He's our Lord. It shows we love Him more than anything else. Most of all, God wants us to obey so that he can bless us when we're obedient to him as our Lord.

Is there better instruction to carry out than those that come from the Creator of all things, who created us in his image?

BIBLE DEVOTIONS

READ:

EPHESIANS 5:16

So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do.

LUKE 4:1-2

Then Jesus, full of the Holy Spirit, returned from the Jordan River. He was led by the Spirit in the wilderness, where he was tempted by the devil for forty days.

JAMES 1:2-4

Dear brothers and sisters, when troubles come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.

2 CORINTHIANS 1:3-6

All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us. For the more we suffer for Christ, the more God will shower us with his comfort through Christ. Even when we are weighed down with troubles, it is for your comfort and salvation!

MATTHEW 16:24-27

Then Jesus said to his disciples, "If any of you wants to be my follower, you must turn from your selfish ways, take up your cross, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. And what do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul? For the Son of Man will come with his angels in the glory of his Father and will judge all people according to their deeds



OBEY



QUESTIONS:

- Why do you think that the Holy Spirit would lead Jesus into a place full of temptation and struggle?

- What do you think life would look like if in the **MOMENT** of temptation, Jesus had folded to his fleshly desires?

- If Jesus was led into the wilderness full of temptation, what do you think that means will happen to us?

- Why would God allow us to be influenced by temptation and struggle?

OBEY

- What do you think a life as a Christ follower will look like?

- What do you think it means that you have to lose your life to follow Christ?

- In what areas have you disobeyed the Lord's instructions?

- What is the Holy Spirit telling you to give up in your life?

PRAYER

Lord, my life has been full of MOMENTS which I've caved to temptation or the weight of my struggles. I want to OBEY you, but I realize that the desire to do this isn't enough on its own. Please make each MOMENT requiring my obedience clear so that I can remember my desire and not falter again.

CHAPEL NOTES

OBEY

REMEMBER FOREVER

WHAT DID GOD TEACH YOU THIS WEEKEND

MOMENTS THAT MATTER

- What are some defining MOMENTS in your life?

POSITIVE

NEGATIVE

- If you have negative MOMENTS in your life, how can they be used for good?

JESUS DYING FOR YOU

- What significance is it that Jesus died and rose from the dead for you?

HOLY SPIRIT

- Biblically, what is the role of the Holy Spirit in your life?

OBEY THE SPIRIT

- What has the Holy Spirit led you to do in your life this weekend?

ACCOUNTABILITY

FRIEND:

Name: _____ Phone: _____

Name: _____ Phone: _____

LEADER:

Name: _____ Phone: _____

SO BE CAREFUL HOW YOU LIVE. DON'T LIVE LIKE FOOLS, BUT LIKE THOSE WHO ARE WISE. MAKE THE MOST OF EVERY OPPORTUNITY IN THESE EVIL DAYS. DON'T ACT THOUGHTLESSLY, BUT UNDERSTAND WHAT THE LORD WANTS YOU TO DO.

EPHESIANS 5:15-17

TEAMS

BROOMBALL

- 5 person teams
- Must have 2 girls on the team
- Must have 2 middle schoolers
- No more than 1 leader

TEAM NAME:

PLAYER 1: _____

PLAYER 2: _____

PLAYER 3: _____

PLAYER 4: _____

PLAYER 5: _____

GIANT JENGA

- 2 Person teams
- No more than 1 Leader

TEAM NAME:

PLAYER 1: _____

PLAYER 2: _____

BASKETBALL

- 3 person teams
- Must have 1 girls on your team (Leader does not count)
- No more than 1 Leader

TEAM NAME:

PLAYER 1: _____

PLAYER 2: _____

PLAYER 3: _____

SNOW FORMATION

- Up to 3 person teams
- No more than 1 Leader

TEAM NAME:

PLAYER 1: _____

PLAYER 2: _____

PLAYER 3: _____



LIBERTY UNIVERSITY
COLLEGE FOR A WEEKEND

FEBRUARY 21-24 - \$75

MARCH 8 | 6-8PM | \$10/PERSON

FAMILY

FUNNIGHT

DINNER | 2 HOURS OF JUMP TIME

