ROCK WOMEN



WEEK TWELVE

MOSES: THE EXODUS

DAY 1

- **1.** Begin your study time with prayer. When Pharaoh finally lets the people go in Exodus 13:17-18, where did God lead them and why?
- 2. More than four hundred years earlier, what did Joseph make the Israelites promise him in Genesis 50:22-26?
- 3. What do we see the Israelites do in Exodus 13:19?
- 4. How are they led out of Egypt in Exodus 13:20-22?
- 5. What does God command the Israelites to do in Exodus 14:1-4 and why?
- 6. What is Pharaoh's reaction in Exodus 14:5-9?
- 7. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.).

Scripture Memory:

"The Lord will fight for you while you keep silent."

~ Exodus 14:14

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DAY 2

1. Begin your study time with prayer. When the Israelites see Pharaoh and his army pursuing them in Exodus
14:10-12, what is their reaction? What do they assume the outcome will be?

- 2. Understandably, the Israelites are afraid and feel that slavery is preferred over certain death. Fear is a very powerful adversary. What would the Israelites miss if they react in fear instead of faith? In your own life, what does fear rob you of or keep you from?
- 3. Time and again Scripture tells us not to fear. What reasons do Psalm 27:1-3 and Isaiah 41:10 give to not fear?
- 4. Although the situation seems disastrous through human eyes, God is working a plan they cannot see and has promised to deliver them. Like the Israelites, we too can quickly forget this fact and become paralyzed with fear. Think about the area in which you battle fear the most. How would faith respond instead?
- 5. Write out this week's memory verse below:

DAY 3

- 1. Begin your study time with prayer. What does Moses tell the people to do in Exodus 14:13?
- 2. When we face an adversary or a situation that seems overwhelming, we are tempted to slink back in defeat. However, Moses tells the people to stand firm. Standing firm is not a passive position, but an active one. How does the command to "stand firm" differ from the idea of standing still?
- 3. We too have an enemy that seeks to destroy our lives. Where, according to Ephesians 6:10-18, do we find our strength to battle against him, and what are we called to do so that we can resist our enemy, the devil? How often do you do this?
- 4. To whom does victory belong, according to Proverbs 21:31?
- 5. Write out this week's memory verse below:

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DAY 4

1. Begin your study time with prayer. Read Exodus 14:14, and think about areas in which you battle. What insight does this verse give you? What encouragement does it offer?
2. What does the Lord tell Moses and the people to do in Exodus 14:15?
3. God has promised victory, but it has not yet been accomplished. However, the people are told to proceed forward. Sometimes we must walk in obedience in the direction of victory before we see it come to pass. What happens in Exodus 14:16-22 and what protection does God grant the Israelites in verses 19-20?
4. What happens to the Egyptians in Exodus 14:23-30, and what impact does this "battle" have on the Israelites' faith in Exodus 14:31?
5. Write out this week's memory verse below:
DAY 5 1. Begin your study time with prayer. In Exodus 13:3-10 what are the Israelites told to remember and why?
2. In what way are/were we slaves, according to John 8:34?
3. What did Christ's death free us from in Romans 6:5-7, and what has our status changed to, according to Galatians 4:3-7?
4. Slavery was a part of the Israelites' history, and they were commanded to remember how the Lord delivered them from it and testify of their deliverance to others. We too ought to remember and testify about our
deliverance from spiritual slavery. How often do you do this? How can you be intentional to do so?