

RESPOND

A STUDY OF THE PSALMS

JANUARY 27TH, 2026
DISCUSSION

1. READ VERSE 7 AGAIN AND PROVERBS 18:11. HOW WOULD YOU RECOGNIZE THAT GOD HAS HIDDEN HIS FACE OR IGNORED YOU?

2. DAVID PLEADS WITH GOD IN V.8-10. WHAT REASONS WOULD BE INAPPROPRIATE TO GIVE?

3. DO YOU HAVE A STORY TO SHARE OF A PAST LAMENT THAT GOD HAS BROUGHT YOU THROUGH?

4. WHEN YOU ARE CRYING OUT TO GOD HOW DO YOU BALANCE RESPECTING WHO YOU ARE TALKING TO (THE KING) WHILE ALSO BEING CLEAR AND BOLD?

PERSONAL STUDY

THE FOLLOWING PAGES ARE OTHER PSALMS OF LAMENT. EACH IS LABELED WITH WHAT KINDS OF THINGS THE PSALMIST IS DOING DURING THE LAMENT. READ OVER THEM.

1. Which elements are most frequent?

2. Which elements have emotions? What emotions are they?

3. Which elements have thoughts or beliefs? What are those thoughts or beliefs?

4. Which elements have you said in prayer in the past and why?

5. Which elements do you need to include in your prayers in the future?
