



WEEK SEVEN

1 TIMOTHY 4:7-16

DAY 1

1. Begin your study time with prayer, and read 1 Timothy 4:7-16. What does verse seven say you should discipline yourself for?

2. What reasons does verse eight give for pursuing godliness?

3. Read Psalm 1:1-3, Psalm 5:12, Psalm 92:12-14, and Psalm 112. What "promise for the present life" does pursuing godliness grant the believer?

4. According to 1 John 2:25, what promise did Jesus make to us concerning the life to come?

5. What does Paul do in 1 Timothy 4:10, and on what has he fixed his hope?

6. In what ways do you "labor and strive" to discipline yourself for the purpose of godliness? How could you place more of an emphasis on doing so this week?

7. Write out this week's memory verse on a notecard or a piece of paper, and post it somewhere you will see it often (e.g., bathroom mirror, car, desk, kitchen sink, etc.).

Scripture Memory:

"Let no one look down on your youthfulness, but rather in speech, conduct, love, faith, and purity, show yourself an example of those who believe."

~ 1 Timothy 4:12

I'm praying about:

DAY 2

1. Begin your study time with prayer, and read 1 Timothy 4:7-16. List the areas in which Paul tells Timothy he should set an example:
2. What do Proverbs 4:24, Ephesians 4:29, and Colossians 4:6 say regarding your speech?
3. What do 1 Peter 1:14-16 and 1 Peter 2:11-12 say regarding your conduct?
4. How do 1 Corinthians 13:4-7 and 1 Corinthians 16:14 define the way you are called to love others?
5. How do Romans 10:17, Colossians 2:6, and Hebrews 11:1 & 6 shape your understanding of a believer's faith?
6. How can you maintain purity, according to Psalm 119:9 and 1 John 3:2-3?
7. Write out this week's memory verse below:

DAY 3

1. Begin your study time with prayer, and read 1 Timothy 4:7-16. What does Paul instruct Timothy to do in verse eleven? What three things does Paul tell Timothy to give attention to in verse thirteen?
 2. How does Paul describe his exhortation to Thessalonica in 1 Thessalonians 2:3?
 3. In 1 Thessalonians 2:4-6, what does Paul say he did not do, and who did he aim to please?
 4. As he taught, what was Paul's tone and attitude toward the Thessalonians in 1 Thessalonians 2:7-8? How does Paul's example in these verses inform your understanding of how you ought to exhort or teach Christ?
 5. Write out this week's memory verse below:
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DAY 4

1. Begin your study time with prayer, and read 1 Timothy 4:7-16. What is Timothy charged not to do in verse fourteen?
2. How should spiritual gifts be exercised according to Romans 12:6-8 and 1 Peter 4:10-11?
3. The Bible states that every believer has been entrusted with a special gift (1 Peter 4:10). What are you gifted in?
4. Have you seen believers neglect to use the spiritual gifts they possess? Have you done so? What is the result of neglecting to use our spiritual gifts?
5. How have you been impacted by a believer who employed his or her gift diligently? How can you more diligently use the gifts God has given you to the praise of His glory and the furtherance of the gospel?
6. Write out this week's memory verse below:

DAY 5

1. Begin your study time with prayer, and read 1 Timothy 4:7-16. What does verse fifteen instruct, and what will be the result of doing so? To what degree does your life reflect this verse?
 2. What two things does verse sixteen say you should pay close attention to, and what will doing so ensure?
 3. What does 2 Corinthians 13:5 say that you should do, and what do you think this verse means in light of 1 Timothy 4:16?
 4. How would paying close attention to what you teach help ensure salvation for yourself and those who listen? On the other hand, how would inattention to sound doctrine negatively impact one's salvation?
 5. Write out this week's memory verse below:
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