### *The Battle Within*

***Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. On account of the wrath of God is coming. In these you too once walked, when you were living in them. But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth.***
***Colossians 3:5-8***

*Colossians 3:5-10 outlines a decisive transition from the old self to the new self in Christ, emphasizing the necessity of repentance and renewal. The passage commands believers to actively put to death earthly desires, including sexual immorality, impurity, lust, evil desires, and greed, which is identified as idolatry. This drastic measure is required because these sins incur the wrath of God and we are incompatible with the new life received through salvation.*

*Believers are instructed to rid themselves of sins such as anger, rage, malice, slander, and filthy language, while strictly avoiding lies. This conduct is mandated because Christians have stripped off their old sinful nature with its practices and put on a new nature. This new self is not static but is continually being renewed in knowledge, progressively conforming to the image of its Creator.*

*The theological basis for this change is that believers have already died and risen with Christ, making the old ways obsolete. The call to action is therefore not about earning salvation, but about living out the new identity in Christ. By rejecting the old nature and embracing the new, Christians demonstrate that they are too full for sin, allowing their lives to reflect the character of Jesus rather than worldly patterns.*

*The overall pattern in these verses is to identify, remove, replace, rely, and persist. The goal isn't perfection in this life but a growing habitual refusal that lets Christ's character increasingly show through.*

***Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace.***
***Romans 8:5-6***

*Written by Jodi Spicer*

STUDY COMPANION
WEEK EIGHT




Surrendering Our Desires

## Message Notes

## How will you put what you've learned into practice in your marriage this week?

## Our Prayers

## Memory Verse

*"So you also must consider yourselves dead to sin and alive to God in Christ Jesus."*
*Romans 6:11*

## Notes