ROCK WOMEN



WEEK ONE

Welcome! We are so glad you're joining us as we study The Lord's Prayer together. It is our prayer that this homework will enrich your personal study of Scripture and help you develop your prayer life.

DAY 1

- 1. How often do you pray currently?
- 2. What things do you find yourself praying about?
- 3. What would you say the purpose of prayer is?
- 4. What is your biggest area of struggle regarding prayer?
- 5. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.)

Memory Verse:

Therefore, let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.

-Hebrews 4:16

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DAY 2

- 1. Having a proper heart attitude is crucially important as we pray. Living a life marked by sin and rebellion creates a separation between us and the Lord and it hinders our prayer life. Read Psalm 51:1-4. Who does David say he has sinned against?
- 2. Read Psalm 51:5-6 what does David say the Lord desires?
- 3. Is there blatant sin in your life that you're ignoring even as you come before the Lord in prayer? Is your heart steadfast and true, or is there hypocrisy in your heart as you try to serve both the Lord and sin?
- 4. According to Psalm 51:7-13 & 17, what is the remedy for our sin?
- 5. Take a moment and pray through the verses found in Psalm 139:23-24.
- 6. Write out this week's memory verse below:

DAY 3

- 1. Begin by praying through the verses found in Psalm 139:23-24. Is there anything the Lord is convicting you about? If so, take moment to repent before the Lord and ask Him to help you remove it from your life.
- 2. Read Psalm 6:9; Matthew 7:7; and 1 John 5:14. What do these verses tell us about prayer?
- 3. In Psalm 5:3 David says that he prays and he eagerly watches for the Lord to answer. When you pray do you eagerly look for the answer to your prayer? Do you have faith that God hears you and will act on your behalf?
- 4. As we study through prayer over the next several weeks choose something specific that you will commit to prayer on a daily basis. Write it here:
- 5. Take a moment to lift up your request to the Lord, knowing that He hears you and will answer you according to His will.
- 6. Write out this week's memory verse below:

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DAY 4

- 1. Begin by praying through the verses found in Matthew 6:9-13.
- 2. What title is given to God in verse 9?
- 3. Jesus could have had us address the Lord in many different ways, with many different titles, but He asks us to address Him as our Father. What is the significance of this title to us?
- 4. What things does a loving father do for his children? What is his attitude toward them? In what ways does he show his love for them? How does God do the same for us?
- 5. Read Deuteronomy 1:31; Psalm 103:13; Isaiah 40:11; & Matthew 6:26. What do these verses tell us about how God cares for us?
- 6. Write out this week's memory verse below:

DAY 5

- 1.Yesterday we discussed some of the ways our heavenly Father cares for us. However, your view of your heavenly Father is often significantly impacted by your relationship with your earthly father. How would you define your relationship with your earthly father?
- 2. How has your relationship with your earthly father affected your relationship with your heavenly Father? If you struggle to trust your heavenly Father, what impact does this have on your prayer life?
- 3. Earthly fathers are marred by sin, but our heavenly Father is wholly perfect. Read Numbers 23:19; Deuteronomy 7:9; Romans 8:16; 2 Timothy 2:13. What do these verses tell us about the character of our heavenly Father?
- 4. If you struggle to see God as your Father because of a poor earthly representation of what a father is, take some time to pray to the Lord. Ask Him to help you see how He is different from sinful fathers and how He can be trusted to care for you.
- 5. Write out this week's memory verse below:
- 6. What is something God is speaking to you about this week?