

# RESPOND

## A STUDY OF THE PSALMS

JANUARY 6TH, 2026  
DISCUSSION

**1. WHAT IS YOUR AWARENESS OR FAMILIARITY WITH THE BOOK OF PSALMS (HEARD OF IT, READ IT, FAVORITES)?**

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**2. READ EPHESIANS 2:1-5 AND 1 CORINTHIANS 6:9-11. WHAT MINDSETS OF WICKEDNESS DID YOU ONCE ENGAGE IN? HOW HAVE YOU BEEN REFORMED?**

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**3. WHAT MIGHT THE BLESSINGS IN VERSE 1 BE?**

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**4. WHAT IS THE DIFFERENCE BETWEEN ASKING GOD FOR SUCCESS AND ASKING GOD TO MAKE YOUR DEEDS PROSPER?**

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**5. HOW MIGHT YOU BE ABLE TO TELL THAT SOMETHING WILL END UP BEING CHAFF?**

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**6. WHO IS THE IDEAL MAN WHO DOES THESE THINGS?**

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# PERSONAL STUDY

THE FIRST PSALM TALKS ABOUT MEDITATING ON GOD'S WORD AND HAVING IT BE YOUR DELIGHT. REMEMBERING GOD'S WORD IS CRUCIAL IN ANY SEASON SO THAT WE MIGHT BEAR FRUIT. TAKE TIME IN THE NEXT TWO WEEKS TO MEMORIZE ALL OF PSALM 1. HERE ARE A FEW METHODS TO HELP YOU.

1. USE THE CARD AS A FLASH CARD. START WITH THE FIRST SENTENCE AND THEN ADD ONE SENTENCE EACH DAY.
2. WRITE OUT THE PSALM IN YOUR OWN HANDWRITING ON PAPER WITH PENCIL. READ IT SEVERAL TIMES OUT LOUD. SLOWLY ERASE WORDS THAT YOU KNOW UNTIL IT IS ALL ERASED AND YOU CAN SAY IT OUT LOUD.
3. GROUP THE THOUGHTS TOGETHER THAT ARE OF THE SAME KIND TO ORGANIZE THE IDEAS. FOR INSTANCE THE PSALM FOLLOWS THE PATTERN NPPNP. WHERE THE TWO DIFFERENT CATEGORIES OF PEOPLE, WICKED AND BLESSED DO SOMETHING OR DO NOT DO SOMETHING.
  1. VERSE 1 - NEGATIVE (N)
  2. VERSE 2 - POSITIVE (P)
  3. VERSE 3 - POSITIVE (P)
  4. VERSE 4 - NEGATIVE (N)
  5. VERSE 5 - NEGATIVE (N)
  6. VERSE 6 - POSITIVE (P)
4. RECORD YOURSELF SAYING THE PSALM. PLAY IT A FEW TIMES AND SAY IT IN UNISON. THEN TRY TO PAUSE THE RECORDING AND SAY THE NEXT LINE AND SEE IF YOU ARE RIGHT. CONTINUE DOING THIS UNTIL YOU DON'T NEED THE RECORDING.

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