ROCK WOMEN



WEEK FOURTEEN

DAY 1

- 1. Begin with prayer.
- 2.Read Ephesians 5:22-33
- 3. We were introduced to submission among believers in Ephesians 5:21. Review that verse and also Philippians 2:3 and Romans 12:10. What do these verses say our attitude towards others should be?
- 4. If we fail to show honor and submit one to another, who ultimately, are we sinning against?
- 5. What keeps you from showing honor and preference to those around you?
- 6. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.).

Memory Verse:

Wives, be subject to your own husbands, as to the Lord. For the husband is the head of the wife, as Christ also is the head of the church, He Himself being the Savior of the body.

- Ephesians 5:22-23

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DAY 2

- 1. Begin with prayer.
- 2. Read Ephesians 5:22-33
- 3. What do Ephesians 5:22, 24 and 33 tell us women are called to as wives?
- 4. Look up the definition of "submit" and write it here:
- 5. Ephesians 5:22 tells us to subject or submit ourselves to our husbands as to whom? If you evaluate your marriage, do you yield authority in your home to your husband as unto the Lord? Are you a respectful wife? If you are unmarried, but someday plan to be married, are you prepared to fulfill your calling as a wife ?
- 6. Write out this week's memory verse below:

DAY 3

- 1. Begin with prayer.
- 2. Read Ephesians 5:22-33
- 3. What do verses 23, 25, 28-29 and 33 say that husbands are called to be and do?
- 4. Ephesians 5:28 says, "so husbands ought..." If they don't do as they "ought," what does 1 Peter 3:1-2 say our response as wives should be?
- 5. If your husband is disobedient to his calling, does that give you license to be disobedient to yours? Have you used his disobedience as an excuse to be disrespectful or refuse to submit to his authority?
- 6. Prayer is a powerful tool to bring about change in your marriage. What is one area of your marriage you can commit to prayer this week?
- 7. Write out this week's memory verse below:

ROCK WOMEN

DAY 4

- 1. Begin with prayer.
- 2. Read Ephesians 5:22-33.
- 3. In any relationship there are times of difficulty and struggle. When we find our marriages strained we are tempted to be unkind, hold grudges and build walls between each other. Read 1 Peter 4:8. Is this verse true of your marriage? (Or, if you are unmarried, is it true of close relationships you have?)
- 4. Real love is not based on a feeling; it is an action. Even when we don't "feel" loving, we can act loving. According to 1 Corinthians 13:4-7, John 15:12-13 and Romans 12:9-10, what things does love do? Do these actions define the love you show others? Why or why not?
- 5. In times of struggle, walking in godliness can be incredibly difficult, however, we are still called to do it. What does 2 Peter 1:3 tell us we have been given at salvation? How does this help us miraculously walk in love?
- 6. Write out this week's memory verse below:

DAY 5

- 1. Begin with prayer.
- 2. Read Ephesians 5:22-33.
- 3. In these verses we see that our marriages represent something greater than ourselves. Who does the husband represent in Ephesians 5:23? Who does the wife represent in Ephesians 5:24?
- 4. Our marriages are not just for our own benefit. They tell a bigger story about the grace of God and ought to be a light to the world around us. Pursuing the analogy of Christ and the church, if we have disorder in our homes regarding authority and submission, how does that impact our testimony to a lost world? In what ways? How does it impact the church as a whole?
- 5. Is your marriage an accurate picture of the Gospel of Jesus Christ? Are others drawn to the Lord by how you treat your husband? Do you readily show grace even when it's undeserved (as Christ showed grace to you)? Are you quick to forgive? As a wife, is there anything you could change to be a better representative of Christ in your marriage?
- 6. Write out this week's memory verse below:
- 7. What is something God is speaking to you about this week?