

WHEN YOU
PRAY

WEEK SIX

DAY 1

1. Begin your study time with prayer.
2. Read Matthew 6:5-18. What do you think is meant by, "Give us this day our daily bread?"
3. As you think about your own life, what things do you currently need? What requests consume most of your prayer life? Is there a need you feel anxious about?
4. Read Matthew 6:25-34. What does verse 25 tell us not to do?
5. According to verse 27, why is worrying about our needs futile? Instead, what do verses 33-34 tell us we should we pursue first and foremost?
6. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.)

And my God
will supply
all your needs
according to
HIS RICHES
IN
Glorious
IN
CHRIST
JESUS.
Philippians 4:19

I'm praying about:

DAY 2

1. Begin your study time with prayer, specifically asking God to provide for today's needs.
2. Read Exodus 16:16-24. What did God provide for the Israelites as they were wandering in the wilderness?
3. How much manna was each person to gather? According to verse 20, what happened to the manna that the Israelites tried to keep for the next day? On the Sabbath, when they were not to do any work, what happened to the manna they saved? See verse 24.
4. This story is a perfect picture of "give us this day our daily bread." Each night the Lord miraculously provided for their needs. God promises to do the same for us still today whether those needs are physical, emotional, spiritual or otherwise. Unlike the Israelites, we are not traveling through the wilderness, but live in a nation that is rich in resources. When you have a need, where or to whom is the first place you turn? How can our resources potentially be an obstacle that keep us from seeking God for our needs?
5. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:

DAY 3

1. Begin your study time with prayer again asking God to give you your "daily bread."
 2. Read Deuteronomy 8:3 & 16-18. What are the reasons given for God providing manna to the people of Israel from day to day?
 3. How do these same principles apply to us today? How does seeking the Lord for our "daily bread" (our daily needs) keep us focused on Him? If we cease to focus on God as our provider, what is the danger for us in our lives?
 4. What do Proverbs 30:8-9; Luke 12:15; and 1 Timothy 6:6-10 & 17 warn us about? How does seeking God for our daily bread instead of ourselves, or the things of this world, help protect us from these things?
 5. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:
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DAY 4

1. Begin your study time with prayer.
2. Read Psalm 34:10; Psalm 84:11; Philippians 4:19; and Matthew 7:11. What do these verses promise the Lord will do for us?
3. Many times we are tempted to be anxious about things that may (or may not) happen, things we need, but cannot afford, or circumstances beyond our control. How does our anxiety indicate a lack of trust in God's provision for our lives?
4. Philippians 4:6 commands us not to be anxious, but instead to do what? According to this verse, anxiety is actually disobedience. The areas in which we are anxious indicate areas we do not fully trust in God's provision or control in our lives.
5. Think of a situation about which you are tempted to be anxious and instead take a moment right now to lift it up to the Lord in prayer.
6. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:

DAY 5

1. Begin your study time with prayer, specifically lifting up areas in which you are tempted to be anxious.
 2. John 15:7 tells us as believers that we may "ask whatever you wish, and it will be done for you." However, this verse begins by saying we may do so, "If you abide in Me, and My words abide in you..." As we think about making requests of our Father, why would abiding in Him be so important? How would it impact the nature of our requests and the things we ask for?
 3. Sometimes we can be discouraged because we ask for things we may not get. The verses above don't promise we will be given everything our hearts desire. In fact, James 4:3 gives reasons we may, at times, be told "no" about a specific request. What do these verses say?
 4. God promises to provide for our needs, but doesn't promise to grant us every "want" that we have. Why do you think this is? How might it be damaging to our character if He did so? What does 1 Timothy 6:6 tell us we should pursue along with godliness?
 5. Is contentment something you pursue in your life? How can you work on contentment in your life this week?
 6. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:
 7. How have you seen God answer prayer in your life this week?
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