



## "I AM Winning the Battle"

VERSES & NOTES
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WHAT DID YOU OBSERVE FROM THIS WEEK ABOUT GOD AND HIS CHARACTER?
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WHAT DID THE MESSAGE TEACH ABOUT THE CONDITION OF MANKIND AND YOURSELF?
HOW DID THIS MESSAGE POINT TO THE GOSPEL?
WHAT STEPS CAN YOU TAKE THIS WEEK TO APPLY WHAT YOU'VE LEARNED?

## "Bear one another's burdens, and so fulfill the law of Christ." Galatians 6:2

Galatians 6:2 emphasizes the importance of bearing one another's burdens to fulfill the law of Christ. This verse encourages Christians to support each other through life's challenges, whether they are relationship issues, financial problems, illness, indecisions, or emotional difficulties. By helping each other carry these burdens, Christians fulfill the law of Christ, which is the law of love.

This verse is an encouragement to show kindness, mercy, and generosity to others, and to take time to listen, pray and help those in need. The law of Christ, as mentioned in Galatians 6:2 is a law of love to one another, in opposition to the law of Moses. This law is summarized in the command to love the Lord our God with all our heart, soul, and strength, and to love our neighbors as much as we love ourselves.

Galatians 6:2 teaches that Christians should help each other carry their burdens as a way to fulfill the law of Christ which is the law of love. Bearing others' burdens isn't always easy, but we must know when and how to do it. So how can we bear one another's burdens? Compassion is what enables us to take note of those who may be under a heavy burden that they can't carry alone. We should be attentive to those suffering and offer sympathy and treat their hurt as our own. We should all be empathetic and affected by the well-being of those we know and love. When they suffer, we should suffer and desire to help.

Discernment, when exercising discernment, will help us determine when someone truly needs help, but we don't want to overlook a genuine need, but sometimes people need to learn how to carry a particular burden or responsibility by themselves. Difficulties in life can help people build righteous character and learn to rely on God. Discernment is crucial. We can ask God to help us discern the appropriate action in any situation. He promises to help. Humility, now we're ready to jump in and help, right? Not necessarily. When someone comes to us for help, we must discern not only the nature of the situation, but also whether we are the right one to help, and this requires humility. There may be times when we do not have the expertise needed to effectively help someone. This is true when someone is dealing with sensitive spiritual matters. While we can provide encouragement and support, issues pertaining to an individual's faith or to abuse or addiction are very serious and may require assistance of a professional or pastor. We all have different spiritual gifts; we should strive to use our gifts to benefit others to the hest of our abilities.

Applying compassion, discernment and humility will enable us to determine when and how we should bear another's burdens.

"Let nothing be done through selfish ambition or deceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others." Philippians 2:3-4