



# WEEK SIXTEEN

## BARAK

---

### DAY 1

1. Begin your study time with prayer. Read Judges 2:6-10. How do these verses describe the the generation of people after Joshua dies?
2. Before entering the Promised Land, what were the people told to destroy in Numbers 33:50-52?
3. What do Exodus 23:32, 34:12, and Leviticus 20:23 say the Israelites should not do?
4. How do the Israelites violate the command of the Lord in Judges 2:11-13 and Judges 3:5-7?
5. What further details does Psalm 106:34-39 give about their conduct?
6. Write out this week's memory verse on a notecard or a piece of paper, and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.).

### Scripture Memory:

**“Come now, let us reason together, says the Lord: though your sins are like scarlet, they shall be white as snow; though they are red like crimson, they shall become like wool. If you are willing and obedient, you shall eat the good of the land; but if you refuse and rebel, you shall be eaten by the sword; for the mouth of the Lord has spoken.”**

~Isaiah 1:18-20

### I'm praying about:

---

---

---

---

## ROCK WOMEN

### DAY 2

1. Begin your study time with prayer. Israel was called to live separate from the people of Canaan, and follow the Lord alone. Why do you think God commanded them to do so?
2. Just as the Israelites were called to separate themselves from the Canaanites and serve the Lord alone, believers in Jesus Christ are called to do the same. Read 2 Corinthians 6:14-18. Why do you think God calls us to be separate, and what does it look like to live separate from the customs/idols of the world?
3. Honestly evaluate your life. Is there a distinction between your life and the customs and idols of this world? How so? If not, why not, and what do you need to change to separate yourself from the idols of the world?
4. Write out this week's memory verse below:

### DAY 3

1. Begin your study time with prayer. What do Exodus 23:33 and 34:12 say would happen if the Israelites served the gods of the land of Canaan?
  2. Sin always has an impact on our lives and the lives of those around us. How do Psalm 31:10, 38:1-11, and Isaiah 1:4-7 & 59:7-10 describe the state of one who lives in rebellion against the Lord?
  3. What do Judges 2:14-15, 20-23, 3:8, 4:1-2, and Psalm 106:40-43 say was the consequence of Israel's refusal to obey the Lord?
  4. What is the path back to peace, according to Isaiah 1:16-20 and Jeremiah 3:12-14?
  5. Write out this week's memory verse below:
-

## DAY 4

1. Begin your study time with prayer. What does Judges 2:1 say the Lord will never break with Israel?
2. Though Israel is endlessly rebellious, what happens when the Israelites cry out to the Lord in Judges 2:16 & 18, 3:9 & 15?
3. Why did Israel cry to the Lord in Judges 4:2-3?
4. Who is judging Israel in Judges 4:4-7, and what does she tell Barak to do?
5. What is Barak's response in Judges 4:8-10, and how does this demonstrate faith?
6. Write out this week's memory verse below:

## DAY 5

1. Begin your study time with prayer.
  2. Read Judges 4:11-16. What happens when Barak pursues Sisera's army and who is specifically mentioned as assisting Barak in the victory?
  3. To where does Sisera flee in Judges 4:17-20?
  4. What happens to Sisera in Judges 4:21-22?
  5. Sisera's army was infinitely stronger than the Israelites. What had God promised the Israelites in Deuteronomy 11:22-23, and how does this story demonstrate His faithfulness to keep His promises? How does it encourage you to trust in His faithfulness in your own life?
  6. Write out this week's memory verse below:
-