ROCK WOMEN



WEEK TWELVE

DAY 1

- 1. Begin with prayer and read Ephesians 5:1-12.
- 2. The word "imitate" means to follow as an example, to make a copy of or to reproduce closely. In verse 2, what are we called to imitate?
- 3. Paul tells us that Christ loved us "and He gave Himself up for us." The world's description of love has to do with a feeling. It is often fleeting and based on what we can gain rather than what we can give. Read 1 Corinthians 13:4-8 and 16:14; Romans 5:8 and 12:9-10; 1 John 3:18; and Proverbs 10:12. How does the Biblical definition of love differ from the world's definition? What does Biblical love look like?
- 4. Read Philippians 2:3-4. Does this attitude characterize your interactions with others? If not, how can you crucify your flesh to be a better imitator of Christ?
- 5. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.).

Memory Verse:

Therefore be imitators of God, as beloved children; and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma.

- Ephesians 5:1-2

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DAY 2

- 1. Begin with prayer and read Ephesians 5:1-12
- 2. Read Philippians 1:5-8. What was the extent of Christ's love for us and His obedience to God?
- 3. As we follow Christ, what does Philippians 1:29 say we may be called to do?
- 4. Read 2 Corinthians 4:7-10 and Revelation 12:11. Are we willing to love and follow Jesus to this extent? Does this level of commitment to Christ frighten you?
- 5. According to Matthew 10:26-32 and 38-39, what should we fear (or respect) more than physical death on earth?

 Do you?
- 6. Write out this week's memory verse below:

DAY 3

- 1. Begin with prayer and read Ephesians 5:1-12
- 2. The purer our love for God is, the purer our behavior will be. What things does Paul list in Ephesians 5:3-4 that should not be part of our behavior?
- 3. What further insight do the verses in 1 John 2:15-16 give as evidence of our love for God?
- 4. Those who are unsaved have speech patterns, clothing fads, entertainment options, motives and goals that stand in opposition to the Light. Read Ephesians 5:7, 11-12 and Romans 12:2. How are we to respond to the world's system and patterns?
- 5. The world's system is driven by a powerful darkness. If we are not in constant contact with the Word of God we can easily fall prey to its influence and control. In your own life, in what areas are you tempted to elevate the world's standards above God's or to "blend in" with the world? How can you guard against doing so and take steps toward having your priorities aligned with the Word of God?
- 6. Write out this week's memory verse below:

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DAY 4

- 1. Begin with prayer and read Ephesians 5:1-12
- 2. What has changed for us according to Ephesians 5:8? What change does Ephesians 5:9-10 say it will produce in us?
- 3. Just as family members bear a physical resemblance to one another, we ought to bear a spiritual resemblance to our Heavenly Father. What does Matthew 5:48 say?
- 4. While we live on this earth, we are tainted by sin. It is impossible for us to be perfect. However, we should be striving to imitate Christ in every area of our lives. We have been given a "new self" upon salvation. How does Ephesians 4:24 describe this "new self?"
- 5. Are you more like the person described in Galatians 5:16, 22-25 or like those described in Matthew 23:27-28? Are you pursuing righteousness and holiness or do you do some outward "religious things," but inside you are like dead man's bones?
- 6. Write out this week's memory verse below:

DAY 5

- 1. Begin with prayer and read Ephesians 5:1-12
- 2. What does Ephesians 5:10 say should be the aim of our lives?
- 3. If you think about your life, the things you're a part of, the places you devote time and attention, how you spend your money and prioritize your day, is pleasing the Lord a true objective of your life? If you examine the evidence and patterns of your life, how much thought do you actually give to this each day?
- 4. If we want to live lives that please the Lord we must know the things that are pleasing to Him. Read Psalm 119:9-12, 73; Hebrews 10:38, John 14:15 and 1 Thessalonians 4:1-6. What things do these verses tell us are pleasing to the Lord?
- 5. Write out this week's memory verse below:
- 6. What is something God is speaking to you about this week?