



WHEN YOU  
PRAY

# WEEK SEVEN

## DAY 1

1. Begin your study time with prayer.
2. Read Matthew 6:5-18. What does verse 12 ask God to forgive?
3. The word "debt" literally means a legal debt that is owed. What does James 2:10 tell us about breaking God's law.
4. When we break God's law we stand guilty and owe Him a legal debt. According to the verse above, it doesn't matter if we've broken every law or just one; we stand equally guilty before the Father as transgressors of the law. The interesting thing about legal debts is that they can be transferred from one person to another. What does Colossians 2:14 tell us Christ did? Pay particular attention to the word "debt" in this verse.
5. Romans 10:4 says Christ is the "end of the \_\_\_\_\_" for those who believe. Christ did not abolish the law, but fulfilled every aspect of it. He paid our debt in full and by His death we are justified, or declared righteous. We did nothing to deserve this righteousness. It is a gift we could never earn. According to Philippians 3:9, what grants us this righteousness?
6. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.)

BE KIND  
to one another;  
tender-  
hearted,  
forgiving each  
other  
just as God  
in  
Christ  
also has  
FORGIVEN  
you.  
EPHESIANS 4:32

I'm praying about:

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## ROCK WOMEN

### DAY 2

1. Begin your study time with prayer, taking a moment to reflect on and thank God for paying your sin debt.
2. Romans 5:1 says we are \_\_\_\_\_ by faith. This is a past tense action. Our sins past, present, and future have been paid for at the cross and we have traded our sin burden for the righteousness of Christ. If our sins have been paid for, why would we need to continue to ask God to forgive us for our sins?
3. While we have been once and for all justified (declared righteous by Christ's blood), our sin impacts our fellowship with God. Read Isaiah 1:15 and 59:1-2. What is the effect of sin on our relationship with the Lord?
4. In Leviticus 26:40-42; 2 Chronicles 7:13-14 and 2 Chronicles 32:26 we see people approach the Lord with a common "attitude." What is it? Why is continued repentance for our sins even after we are saved good for us? What sin does it guard us from falling into?
5. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:

### DAY 3

1. Begin your study time with prayer.
  2. Read Colossians 3:12-13. These verses tell us our forgiveness toward others should imitate whom?
  3. The past two days we have studied how God forgives the many ways we have sinned against Him time and time again. What do Psalm 103:11-13; Isaiah 43:25 and Hebrews 8:12 tell us about how the Lord acts in forgiveness toward us?
  4. God's forgiveness is free and complete. He extends it expecting nothing in return and shows mercy and grace to even the most wicked sinner. Does the manner in which you extend forgiveness to others reflect the heart of your Father? Do you forgive others with the same measure that you have been forgiven by God? Why or why not?
  5. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:
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## DAY 4

1. Begin your study time with prayer.
2. Forgiveness is sometimes difficult to extend even when the offender is contrite. It is infinitely more difficult to extend forgiveness when the person who hurt you is unable or unwilling to ask for forgiveness. In such situations we are tempted to harbor hatred, anger, or bitterness. We may wish evil upon the person who hurt us, or seek ways to get revenge through slander, gossip or other means. What do Romans 12:17-19 and 1 Peter 3:8-9 instruct us to do in such situations? Whose job is it to repay any evil or exact vengeance?
3. Instead of cursing our enemies, as our flesh is inclined to do, what does the Bible tell us to do instead? Read Luke 6:27-37 and Romans 12:14 & 20-21.
4. In Matthew 18:21-35 Jesus tells a story of a king and two slaves. In this story the king represents God and the slaves represent us. Read the verses listed above. Is there a "fellow slave" you are choking with unforgiveness? What is the reason you refuse to forgive? If you are unable to extend forgiveness is it possible you have lost sight of how much the Lord has forgiven you?
5. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:

## DAY 5

1. Begin your study time with prayer, specifically asking the Lord to help you forgive those who wrong you.
  2. When we have been severely wounded or betrayed by someone it's difficult to have the desire to pray for them. Why do you think that is?
  3. If we prayed for our enemies what impact might that have on us? on them? on the situation itself? How does praying for our enemies help us turn the situation over to the Lord and trust His wisdom to handle it?
  4. If there's someone you're struggling to forgive, take a moment and lift up the situation to the Lord and pray for God's blessing in the life of your enemy. Read 1 Peter 4:8. What does it tell us covers a multitude of sins?
  5. While we may not "feel" loving toward our enemies, we can "act" loving toward them. Read 1 Corinthians 13:4-7. How does love act? How can you take this list and put it into practice with those you are called to forgive?
  6. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:
  7. How have you seen God answer prayer in your life this week?
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