



*Stewards of His Grace*

EPHESIANS

# WEEK SIX

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## DAY 1

1. Pray
  2. Read Ephesians 3:13-21
  3. In Ephesians 3:1 who did Paul consider himself a prisoner of?
  4. Paul was imprisoned for his obedience and faithfulness to the Lord.  
Can you think of a time you were penalized or ostracized in some way for following Christ?
  5. Read John 8:12. Jesus invites all to come to Him so they will no longer walk in darkness. According to John 3:19-21, why do people not come to Christ?
  6. There are situations you will find yourself in where, like Paul, you will be hated for following Christ. Read John 15:18-19; 1 Peter 2:20 and 1 Peter 3:13-17. How do these verses comfort us when we are hated for His name's sake?
  7. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.).
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## Memory Verse:

Now to Him who is able to do far more abundantly beyond all we ask or think, according to the power that works within us, to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen.  
- Ephesians 3:20-21

## ROCK WOMEN

### DAY 2

1. Pray
2. Read Ephesians 3:13-21
3. In verse 13, Paul asks the Ephesians "not to lose heart \_\_\_\_\_."
4. When we face trials here on earth, the temptation is to grow weary and lose heart. Read Titus 2:14. Christ gave Himself up for us. In Ephesians 3:13 and 21, who does Paul say will benefit from his trials?
5. Read 1 Corinthians 6:19-20 and 2 Corinthians 5:14-15. If we are going to allow others to benefit from our trials and also enable our trials to bring glory to God, how should we view our lives?
6. How have you seen past trials in your life be a blessing to other people? How have you seen them bring glory to God?
7. Write out this week's memory verse below:

### DAY 3

1. Pray
  2. Read Ephesians 3:13-21
  3. In verse 16 Paul prayed that the Ephesians would be strengthened with power in the inner man. What is an area or situation in your life where you feel you lack strength?
  4. Read Psalm 46:1-3; Isaiah 41:10 and 2 Corinthians 12:9-10. What do these verses promise us when we lack strength?
  5. When we are weary and lack strength we are tempted to quit. We cannot always control and/or change our circumstances, but we do have control over our perspective. According to 2 Corinthians 4:16-18; Philippians 3:13-14 and Colossians 3:1-4 what should our perspective or focus be, especially in times of trouble? What does Galatians 6:9 promise us if we do not quit?
  6. Write out this week's memory verse below:
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## DAY 4

1. Pray
2. Read Ephesians 3:13-21
3. In verses 17-18 Paul prays that the Ephesians would be "rooted \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_," and that they would be able to comprehend with all the saints "the \_\_\_\_\_ of Christ which surpasses knowledge." Read Jeremiah 31:3 and Romans 8:38-39. Why is it so difficult sometimes to understand and accept how much God loves us?
4. Read Matthew 22:37-40; John 13:35 and John 15:12-13. How are we called to act towards others as believers?
5. We are able to extend love to the degree we accept the love of God in our own lives. If we are called to love as God loved us, but our view of or acceptance of God's love is incorrect, how does this impact the way we love others?
6. If you struggle to accept the love that God freely and abundantly lavishes on you, take a moment to ask the Lord to help you understand it, accept it and see it in action in your everyday life.
7. Write out this week's memory verse below:

## DAY 5

1. Pray
2. Read Ephesians 3:13-21
3. Ephesians 3:20 contains an incredible promise for us as believers. Restate it in your own words below:
4. Sometimes we hesitate to bring our requests to the Lord for fear we will bother Him with something silly, or worse, out of fear our need is too big for Him to deal with. Is there anything in your life that you hesitate to pray about because you feel it's too messy or too difficult for God to act upon? (Your marriage, a wayward child, a lost friend, a financial situation, a health problem, etc.)
5. Read ; Jeremiah 32:17; Ephesians 3:11-12; Hebrews 4:16; Hebrews 11:6; James 5:16. Purpose in your heart that you will persistently and boldly go to your Father in heaven and present your request to Him. Set a reminder in your phone or write your request somewhere visible to remind you to pray consistently. Your Father in heaven loves you and is pleased when you come to Him in prayer.
6. Write out this week's memory verse below:
7. What is something God is speaking to you about this week?