#### **ROCK WOMEN**



# WEEK FIVE

# DAY 1

- 1. Begin your study time with prayer.
- 2. Read Matthew 6:5-18. Verse 10 says, "Your will be done." In your own words, what does this mean?
- 3. There are certain things that God wills us all to do. Read 1 Timothy 2:3-4; 1Thessalonians 4:3-7; 5:16-18 and Micah 6:8. What do these verses tell us is God's will for our lives?
- 4. Looking at the list above, how intent are you on pursuing these things? Is there an area of your life that is not in line with God's will for you as a believer?
- 5. According to Hebrews 13:20-21, who is it that equips us to do His will? If there's an area you're struggling with take a moment right now and ask the Lord to help you walk according to His will. If you need someone to hold you accountable, find a sister in Christ who will do so.
- 6. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.)



I'm	praying	about:

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## DAY 2

- 1. Begin your study time with prayer, asking God to help you live according to His will today.
- 2. There are times in our lives where we are faced with specific decisions and we need to know what God's will is before we move forward. In these cases, how do you go about trying to discern God's will?
- 3. Our culture often says things like, "follow your heart," or "be your own boss." According to Jeremiah 17:9, Proverbs 21:2 & 30; 28:26 and Mark 7:20-23 what problems arise when we follow our own hearts/will instead of the Lord's?
- 4. What promises are laid out for us in Scripture if we do seek God's will? Read Psalm 78:72; Proverbs 3:5-6; 16:3; Isaiah 42:16 & 58:11.
- 5. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:

## DAY 3

- 1. Begin your study time with prayer.
- 2. As we seek to understand God's will about a particular situation, the first step is to pray about it. Ask Him to guide you. Ask God to open or close doors as He sees fit. What do Psalm 32:8 and Proverbs 2:6-7 tell us God will do as we seek His will in making decisions?
- 3. Another place to seek wisdom and God's will is through the reading of Scripture. What do Psalm 119:103-105 & 130 &133 tell us about how Scripture helps guide us?
- 4. God also confirms His will for our lives through other believers. Read Proverbs 11:14; 15:22; & 19:20-21. What do these verses tell us about seeking wise counsel as we make decisions?
- 5. Lastly, God will sometimes use divinely orchestrated circumstances to give us insight into His will about a particular circumstance. Read Judges 6:36-40. How did Gideon ask God to confirm His will through a sign? God will not always confirm His will through a sign, but is sometimes gracious to do so and we can certainly ask that He would. Is there a particular situation about which you are seeking the Lord's guidance right now?
- 6. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:

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## DAY 4

- 1. Begin your study time with prayer. If you're praying about something specific, continue to ask Him for guidance.
- 2. As we pray about various things we have our own desires. However, as Jesus teaches us to pray He tell us to seek God's will, not our own. This begs the question, do you actually want God's will?
- 3. If we truly want God's will in our lives we must pray with a heart of surrender, understanding that His will may differ from our own. Read Daniel 3:15-18. The penalty for disobeying the king was being thrown into the fiery furnace. In their humanity, Shadrach, Meshach and Abed-nego would not have wanted to experience this. However, they were surrendered to whatever God's will was in that moment, even to the point of death. Reread the first part of verse 18. As you pray about various circumstances do the words, "even if He does not" [answer how you want Him to] represent your heart before the Lord?
- 4. Read Luke 9:23. As disciples of Christ we are called to deny ourselves, follow Christ and fully surrender to His will. Is your heart fully His? Will you obey His commands at any personal cost? Why or why not?
- 5. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:

### DAY 5

- 1. Begin your study time with prayer, asking God to help you be fully surrendered to Him.
- 2. When God's will conflicts with ours, why do we find it hard to surrender and obey? Why do we assume if God says "no" He is withholding something good from us?
- 3. At the heart of surrender is faith in who God is. If we truly trust that He is good and His plans for us are for our good we can more easily trust His leading, even when we don't understand it or He calls us to do something difficult. Take a moment and search your heart. Do you actually believe this about God?
- 4. Read Psalm 31:19; 145:9; Jeremiah 29:11; Matthew 7:11; and Hebrews 10:23. What do these verses tell us about God's intentions toward us? Our understanding of who God is will impact our ability to trust Him and follow His will. He is entirely trustworthy and able to be depended upon. How do these verses impact your faith in God's goodness toward you?
- 5. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:
- 6. How have you seen God answer prayer in your life this week?