



WEEK SEVEN

DAY 1

1. Begin with prayer.
2. While the first three chapters of Ephesians explain truths to us, the next three chapters detail behaviors we are called to walk out in light of the truths we've learned. Read Ephesians 4:1-6.
3. In Ephesians 4:1 Paul begins with the word, "therefore." That is to say, because of Christ's love for us, the riches of His grace bestowed upon us, and the strength given to us by the Holy Spirit, how does Paul implore us to walk?
4. Look up the words "implore" and "worthy" in a dictionary. Define them below:
5. We have studied out the inexplicable grace we've received and the riches of our inheritance in Christ Jesus. What do you think it means to "walk worthy" of the calling we have received in Christ? Why do you think Paul "implores" us to do so? Why does it require "imploping?"
6. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.).

Memory Verse:

Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, with all humility and gentleness, with patience, showing tolerance for one another in love, being diligent to preserve the unity of the Spirit of the bond of peace.
- Ephesians 4:1-3

DAY 2

1. Begin with prayer.
2. Read Ephesians 4:1-6
3. Read 1 Peter 4:1-3; Colossians 1:10-12 and Galatians 5:25. These verses give us more insight into "walking worthy" of our calling as believers. How do these verses tell us we should "walk?"

4. As believers, we are called not only to run away from sin, but also to pursue righteousness. According to Ephesians 4:2-3, what attitudes should characterize us? Which on this list do you find the most challenging and why?

5. Write out this week's memory verse below:

DAY 3

1. Begin with prayer.
 2. Read Ephesians 4:1-6
 3. What is the command we are given in verse three?

 4. The word "being diligent" literally means: to exert oneself, use speed or effort, or to labor. Why do you think preserving unity among us requires diligence? Why is it difficult to do?

 5. Read John 17:23; Colossians 3:14 and John 13:34-35. How is unity among the brethren part of our testimony to the world?

 6. In Ephesians 4: 4-6 Paul lists seven things that we, as believers share. What are they? How should these things help us maintain unity among the brethren?

 7. Write out this week's memory verse below:
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DAY 4

1. Begin with prayer.
2. Read Ephesians 4:1-6
3. Unity among believers is incredibly important to fight for. What are some things that cause disunity?

4. When David was king of Israel, his son, Absalom wanted to be king in his place. Read 2 Samuel 15:1-6. How did Absalom cultivate disunity in the hearts of the men of Israel?

5. As we see in the verses above, we can be participants in cultivating disunity by listening to complaints, gossip and slander. There are times there are real issues that must be addressed. What is the Biblical formula for dealing with issues according to Matthew 18:15-17? Anything outside of these parameters is sin. How can we encourage each other to follow these guidelines to resolve issues and preserve unity?

5. Write out this week's memory verse below:

DAY 5

1. Begin with prayer.
 2. Read Ephesians 4:1-6
 3. Disunity always produces injuries and casualties. Absalom's rebellion against his father caused civil war. Read 2 Samuel 18:8-18. How did Absalom's rebellion end? How do we see unresolved issues often end in our lives and the lives of those around us?

 4. Read Philippians 2:1-7 1 Corinthians 1:10 and Colossians 3:12-14. How do these verse challenge us to die to ourselves to maintain unity? Who is our ultimate example of doing so?

 5. Is there anyone with whom you do not have unity? If so, what do you need to do to correct that?

 6. Write out this week's memory verse below:

 7. What is something God is speaking to you about this week?
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