

# RUTH



## WEEK FOUR

### "SHE ATE AND WAS SATISFIED"

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#### DAY 1

1. Begin your study time with prayer.
2. Read Ruth 2:8-16. What is Boaz's command to Ruth in verse eight?
3. What other provision is made for Ruth in verses nine, fifteen and sixteen?
4. In verses ten and thirteen what is Ruth's reaction to Boaz's kindness?
5. What reason does verse eleven give for the favor Ruth finds with Boaz?
6. In verse fourteen, what does Boaz do at mealtime and how does Ruth feel after eating?
7. Think about your own life. Are you satisfied? Why or why not?
8. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.).

#### Scripture Memory:

Jesus answered and said to her, "Everyone who drinks of this water will thirst again; but whoever drinks of the water that I will give him shall never thirst; but the water that I will give him will become in him a well of water springing up to eternal life."

~John 4:13-14

I'm praying about:

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## ROCK WOMEN

### DAY 2

1. Begin your study time with prayer.
2. Our nation is so rich in many things, yet it seems so few people are satisfied. Why do you think this is?
3. Often we attempt to satisfy our souls with monetary gain, material things, and/or experiences. What do Ecclesiastes 1:8, 5:10 and 6:7 tell us is the inevitable result of seeking satisfaction in such things?
4. What question does Isaiah 55:2 pose to us? What does it tell us to do instead?
5. True satisfaction is a condition of the soul that no earthly thing can provide. In what ways do you pursue satisfaction of your soul through earthly things, relationships, or experiences? How do they fall short?
6. Write out this week's memory verse below:

### DAY 3

1. Begin your study time with prayer.
  2. In Ruth 2:14 who is it that serves Ruth?
  3. Boaz, although an imperfect man, is the "Christ figure" in this story. He provides us with a parallel of how God acts toward us. Think of Ruth's position (poor, vulnerable) and Boaz's position (a "man of great wealth"). What spiritual insight does this give you in your relationship to Christ and His provision for you?
  4. Ruth is in abject poverty while Boaz is called a "man of great wealth." Ruth is unable to provide for herself and relies wholly on Boaz's generosity as he invites her to come and eat and then serves her grain and water to satisfy her hunger and thirst. Like Ruth we too have a hunger and thirst that we cannot quench on our own. Ours is not a physical hunger and thirst, but a spiritual one. What does Jesus call himself in John 6:35 and what does He promise the woman at the well in John 4:13-14?
  5. Who is invited to drink of the living water in Revelation 21:6 and what is the cost of this "water?" Have you come to the living water to quench the thirst in your soul? If not, this water is being offered to you. Will you take it?
  6. Write out this week's memory verse below:
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## DAY 4

1. Begin your study time with prayer.
2. In Ruth 2:11 we see that Ruth has left everything and placed her welfare entirely in Boaz's hands. Similarly, if we seek the living water, we must forsake all else and seek Christ first and foremost. He is the only source of satisfaction and peace for our souls. All else is powerless to provide for our spiritual hunger and thirst. As we seek the Lord, what promises are given to us in Psalm 107:9, Proverbs 19:23 & Matthew 5:6?
3. While God does bless us with material things, our soul's satisfaction should not be rooted in those things. What do Psalm 65:4, 90:14, Jeremiah 31:14, say should be our source of satisfaction?
4. Scripture contains verse after verse that describes God's blessings to His people. What blessings do Psalm 63:5, 145:15-16 and Proverbs 13:25 list?
5. Like Ruth we will, at times, encounter difficulty and trial. However, if we find our satisfaction in Christ we will have provision even during those times. What do Psalm 22:26, Isaiah 58:11 and Jeremiah 31:25 say about God's provision for us in difficult?
6. Write out this week's memory verse below:

## DAY 5

1. Begin your study time with prayer.
  2. God made miraculous provision for the people of Israel as they escaped slavery in Egypt and made their way across the wilderness to the land He had promised them. Read Nehemiah 9:20-28. What did the Israelites do after they "ate, were filled and grew fat?"
  3. What caution do Deuteronomy 8:10-14 and 31:20 give us? To whom does Deuteronomy 8:17 say we will attribute our provision if we are not cautious?
  4. As God blesses and provides for us we can be tempted to turn away from Him. Why do you think this is our natural inclination?
  5. What are we commanded to do in Matthew 6:33 and how does this ensure we find our satisfaction solely in Christ? Is this true of you? Why or why not?
  6. Write out this week's memory verse below:
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