

WEEK SEVEN
KINDNESS

DAY 1

1. Begin your study time with prayer, and read Galatians 5:22-23. List the fruit of the Spirit in order (can you do it from memory?):

2. Why does God have an issue with the people of Israel in Hosea 4:1? (see the NLT, ESV, or NASB)

3. What thrives instead of kindness in Israel in Hosea 4:2-3?

4. How does Psalm 145:17 describe God? (see the NLT, ESV, or NASB)

5. If God is kind in all His ways, and we are called to reflect Him, we ought also to be kind in all our ways. How well do you reflect the kindness of God in all your ways?

6. Write out this week's memory verse and place it somewhere you will see it often (e.g., bathroom mirror, phone case, near the kitchen sink).

Scripture Memory:

"Do not let kindness and truth leave you;
Bind them around your neck,
Write them on the tablet of your heart."

~Proverbs 3:3

I'm praying about:

_____

_____

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DAY 2

1. Begin your study time with prayer. Who does 2 Timothy 2:24 command you to be kind to?

2. With whom, or in what situations, do you most struggle to be kind?

3. What are you called to "put on" or "clothe yourself" with in Colossians 3:12? Notice this is a deliberate act. How deliberately are you doing so each day?

4. What does 1 Peter 3:8-9 instruct you to do? What are you instructed not to do? How do these qualities work together in displaying kindness to others?

5. Write this week's memory verse below:

DAY 3

1. Begin your study time with prayer. To whom does Luke 6:35 say God is kind?

2. How does Titus 3:3 describe our condition before we knew Christ, and what did the kindness of God do in verses 4-7?

3. What does Romans 2:4 say the kindness of God leads to? Why do you think this is so?

4. If God's kindness leads to repentance, how might our kindness to those who are in rebellion or lost do the same? Can you think of someone in your life who is either lost or wayward? How can you show them kindness this week, despite their sin?

5. Write this week's memory verse below:

DAY 4

1. Begin your study time with prayer. What does David ask in 2 Samuel 9:1?

2. Who does David find that he can show kindness to in 2 Samuel 9:2-3?

3. What does David do in 2 Samuel 9:4-13? What is repeatedly mentioned in verses 7, 10, 11 & 13? How does verse 11 describe how Mephibosheth was treated?

4. In kindness, David brought Mephibosheth near, let him eat at his table, and treated him as one of his sons. What would this look like in modern-day to extend such kindness to someone?

5. Write this week's memory verse below:

DAY 5

1. Begin your study time with prayer. How does the wise woman speak in Proverbs 31:26? Consider your words. Could they be described as such?

2. What quality should accompany kindness (some translations use the words "mercy" or "love" in place of kindness) in Proverbs 3:3?

3. Kindness is not the absence of truth, and truth should not be devoid of kindness. When you are called to speak truth to someone, to what degree does kindness accompany that truth?

4. Read Proverbs 16:23-24. What effect might adding kindness to your words have?

5. Write this week's memory verse below: