

WEEK THREE

DAY 1

- 1. Begin your study time with prayer.
- 2. In the Bible the word "holy" is described as something that is sacred, set apart, completely pure and/or entirely righteous. Holiness carries with it the idea of separation. God is separate from evil, injustice, sin, and every form of unrighteousness. We, on the other hand, are infected with evil, injustice, sin and unrighteousness. Since our nature is the polar opposite of God's, how does that impact our ability to understand His holiness and to relate to His holiness?
- 3. Read Isaiah 40:18-26. As you read and reflect on this passage, what insights do you gain about the God you serve?
- 4. Read Isaiah 57:15.Our God is both holy and majestic, yet He stoops to commune with the lowly. What impact does this verse have on you?
- 5. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.).

Memory Verse:
"But like the
Holy One who
called you, be
holy yourselves
also in your
behavior;
because it is
written, 'You
shall be holy, for
I am holy.'"

- 1 Peter 1:15-16

1111	praying about.

I'm proving shout

ROCK WOMEN

DAY 2

- 1. Begin your study time with prayer.
- 2. Read Exodus 3:1-6. These verses describe Moses' encounter with God. In verse 5, what does God tell Moses to do and why?
- 3. When we come into the presence of Almighty God, we are standing on "holy ground." How should this impact the way you pray and the attitude with which you approach God? Do you give proper reverence to His holy name? Do you take His name in vain or refer to Him in terms like, "the man upstairs?"
- 4. Read Luke 18:10-14. How does the attitude of the tax collector better show reverence for the holiness of God than that of the Pharisee? As you pray, which one do you more closely resemble?
- 5. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:

DAY 3

- 1. Read 1 Timothy 6:15-16. Using these verses begin your study time with prayer, reflecting on and thanking God for His holiness and greatness.
- 2. While God possesses holiness in and of Himself, that is not true of us. Read Romans 3:10-18; Psalm 51:5. What do these verses tell us about our human nature?
- 3. What does Isaiah 64:6 compare our righteous or good deeds to?
- 4. Because sin infects every part of us, even the righteous things we do are infected. No matter what we do, we cannot ever attain to God's holy standard. Because God is holy this causes a separation between us and Him. What does 2 Corinthians 5:21 tell us that Christ did for us?
- 5. The layout of the temple in the Old Testament gives us a picture of a holy God that is separated from us. The innermost part was called the holy of holies. It was separated from the rest of the temple by a thick veil or curtain and no one but the high priest was allowed to enter it. He could only do so once a year. (You can read more about that in Exodus 26:31-37, 27 & Leviticus 16). Though we were once separated from God because of our sin, Christ's death on the cross paid for our sins and declared us righteous. Read Hebrews 9:12 and Mark 15:37-39. What is the significance for us of the veil in the temple being torn?
- 6. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:

ROCK WOMEN

DAY 4

- 1. Begin your study time with prayer.
- 2. Yesterday we studied the fact that there is no good in us apart from Christ. According to 1 John 1:7, what is it that cleanses us?
- 3. If you believe in Christ, you have been cleansed by His blood. This action is past tense. It is completed and cannot be undone. You are clean, not because of anything you have done, but because His blood made it so. What does Micah 7:19 say God does with our sin?
- 4. Even though we know we have been cleansed from sin by Christ, we are sometimes tempted to feel condemned for past sins we have committed. What does Romans 8:1 tell us about this?
- 5. Being "yoked" to the shame and guilt of past sin is akin to being a slave to it. Read Galatians 5:1. What purpose does Christ intend for us? If you are a slave to past sins, who is responsible for keeping you a slave to them? How can you overcome feelings of shame and guilt over past sin? (See 2 Corinthians 10:5)
- 6. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:

DAY 5

- 1. Using Psalm 103:8-13 begin your study time with prayer, thanking God for His cleansing power in our lives.
- 2. When we trust Christ as our Savior and Lord we are given a holy calling. According to 1 Peter 1:15-16, what are we called to?
- 3. Read Leviticus 20:26; 2 Corinthians 7:1; Ephesians 5:1-4 and 1 Thessalonians 4:7. What does it look like to pursue holiness according to the calling we have received?
- 4. Because we possess a sinful nature, it is impossible for us to be perfect. However, our lives should reflect our intentional striving to be more like our Father who called us and deliberate obedience to His commandments. Read Philippians 2:12. What does this verse tell us to do?
- 5. As we work out our salvation, or faithfully obey what we're called to, Who ultimately is responsible for perfecting us little by little. See Philippians 2:13 & 1 Thessalonians 5:23-24.
- 6. Continue to lift up your specific prayer request to the Lord and write out this week's memory verse below:
- 7. How have you seen God answer prayer in your life this week?