

*Let your fountain be blessed, and rejoice in the wife of your youth. Like a loving doe, a graceful deer—may her breast satisfy you always, may you ever be intoxicated with her love. Proverbs 5:18-19*

*Proverbs 5:18-19 present a holistic view of marriage where sexual intimacy is deeply intertwined with the overall relationship between a husband and his wife. The passage encourages a man to find joy and satisfaction in the wife of his youth, using vivid imagery such as a “fountain” and a “loving doe, a graceful deer” to symbolize the source of refreshment, pleasure, and devotion within marriage. The instruction to “rejoice in the wife of your youth” and to be “ever intoxicated with her love” emphasizes that sexual fulfillment is not separate from the emotional and relational bond but is a central expression of it. This joy is meant to be exclusive and enduring, reflecting a lifelong commitment where the wife is the sole object of affection and sexual gratification.*

*The text frames sexual intimacy as a divine gift intended for mutual pleasure and emotional connection within marriage, not merely for procreation. The language of being “satisfied” and “intoxicated” with her love underscores the depth of physical and emotional fulfillment that should characterize a marital relationship.*

*This perspective is reinforced by other biblical passages, such as Song of Solomon, which celebrates the beauty and joy of marital love, and 1 Corinthians 7:3-5, which commands spouses to fulfill each other’s sexual needs. The relationship is thus portrayed as a sacred, intimate partnership where sexual expression strengthens the bond, and the husband’s joy in his wife is both a command and a privilege.*

*Embedded in the warning against the folly of adultery, the father’s advice to his son is that he should drink water from his own cistern and rejoice in the wife of his youth. The Bible does not deny that people are driven to desire romance and even sexual fulfillment, but the fact is that God has created those things as components of a healthy and godly relationship between a man and a woman who are married under God for as long as they both shall live.*

*The curse upon the woman was a curse upon them both. For this reason, marital relationships can be difficult. The love that should be intoxicating can be elusive as sin occasionally corrupts even the godliest of marriage relationships. But when things are as they should be because both husband and wife are submitted to God, to Truth, and to one another, companionship, respect, love, and even physical attraction should last well into old age by the grace of God.*

***“So husbands ought to love their own wives as their own bodies; he who loves his wife loves himself.”***  
***Ephesians 5:28***

STUDY  
COMPANION  
WEEK TEN



"INTIMACY WITH  
UNDERSTANDING"

MESSAGE NOTES & VERSES

WHAT STEPS CAN YOU TAKE THIS WEEK TO  
APPLY WHAT YOU LEARNED AS A COUPLE?

THIS WEEK'S MEMORY VERSE:

*"Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous."*

*Hebrews 13:4*

NOTES

OUR PRAYERS