

# WEEK EIGHT FAITHFUL

## DAY 1

- 1. Begin your study time with prayer.
- 2. Read 1 Corinthians 4:2. A steward is someone who manages another man's property or affairs. As believers, we are stewards of anything God has entrusted us. What does this verse say is required of a steward?
- 3. Some versions use the word "faithful" in the verse above and others use the word "trustworthy." Look up both words in the dictionary and write their definitions below:
- 4. Looking at the definition you wrote above, are those words a good description of your life spiritually speaking? Why or why not? What is the biggest challenge you face to faithfulness as a disciple of Christ?

6. Write out this week's memory verse on a notecard or a piece of paper and post it somewhere you will see it often (e.g bathroom mirror, car, desk, kitchen sink, etc.).

#### Memory Verse:

Therefore, do not throw away your confidence, which has a great reward. For you have need of endurance, so that when you have done the will of God, you may receive what was promised.

~Hebrews 10:35-36

I'm praving about

1 111	praying about.

#### **ROCK WOMEN**

## DAY 2

- 1. Begin your study time with prayer.
- 2. Read 1 Corinthians 9:23-27. These verses compare our spiritual life to an athlete in training. What insight does this comparison give you on "running" your spiritual life?
- 3. How does this passage encourage us to "run" in our spiritual lives? What does it say an athlete must exercise/use (verses 25 & 27)?
- 4. An athlete spends a great deal of time understanding the rules of the competition so she will not be disqualified. Day after day she disciplines her body to be better, faster, stronger and more able to compete. Her whole life centers around competing successfully. As Christians, we too have a set of rules and regulations and are called to discipline our body, mind, and will to the obedience of Christ. Read 1 Timothy 4:6-12. What things does this passage tell us to do? What things does this passage tell us not to do?
- 5. Write out this week's memory verse below:

#### DAY 3

- 1. Begin your study time with prayer.
- 2. In order to be successful on "game day" an athlete shows up to practice and trains hard. Success in competition is directly linked to faithfulness in practice and various disciplines observed in the day to day when no one is watching. A remarkable athlete's life is marked by steadfastness and discipline behind the scenes. The same is true of us spiritually. Often we strive after a "big win" of some kind and neglect the day to day disciplines that faithfulness requires. What does Luke 16:10 say about faithfulness in small things? Are you faithful and steadfast even when no one is watching?
- 3. Faithfulness is a marathon, not a sprint. It is built little by little every single day through consistency. A lifetime of faithfulness can seem a daunting prospect. However, you are not called to focus on the span of your entire life, rather, you are called to focus on being faithful today. What is a small area God is calling you to faithfulness in?
- 4. When we find our strength is limited and our faithfulness is waning, what encouragement do 2 Thessalonians 3:3-5 and Philippians 1:6 & 2:13 offer?
- 5. Write out this week's memory verse below:

#### **ROCK WOMEN**

# DAY 4

- 1. Begin your study time with prayer.
- 2. Read Hebrews 10:35-39. What do these verses say we have need of? (verse36). Why do you think we need this character trait?
- 3. Faithfulness is difficult to maintain when you are under duress. Temptation to sin, trial, heartache and weariness can negatively impact our desire to be faithful and tempt us to abandon it. Instead of begrudging difficult times, what does Romans 5:3-5 tell us to do in our tribulations? What fruit does difficult seasons yield if we allow them to?
- 4. Where does Romans 15:4-5 tell us we can gain perseverance from?
- 5. What encouragement does Galatians 6:9 offer? Is there an area of weariness in your life in which you are tempted to abandon faithfulness? (Think of your marriage, parenting, workplace, school, spiritual disciplines, etc.) Ask the Lord for strength to faithfully persevere today, knowing you will reap a harvest if you do not quit.
- 6. Write out this week's memory verse below:

### DAY 5

- 1. Begin your study time with prayer.
- 2. While it's true that faithfulness at times costs us something to maintain, there's also great blessing in it. What do Psalm 37:3-6 & 28, Psalm 101:6, and Proverbs 28:20 tell us are blessings that the faithful enjoy?
- 3. In Hebrews 10:36 we are told that we need endurance so that we can do the will of God and "receive what was promised." What does 1 Corinthians 9:24 say we can "win?"
- 4. What do 2 Timothy 4:5-8 and James 1:12 tell us we will receive if we finish the race of life well?
- 5. Paul said in the above passage that he had "fought the good fight," "he had finished the course" and he had "kept the faith." Are you living your life right now so that when your final days come you will be able to say the same? If not, what things need to be changed so you can run your spiritual race well? Ask the Lord to cultivate in you a heart of faithfulness.
- 6. Write out this week's memory verse below: