



REFRESH:

# THANKS

REFLECT

# Read Ephesians 5:20

And give thanks for everything to God the Father in the name of our Lord Jesus Christ.

## Definitions:

Everything: All things; all that exists

# Think about as you study

What does this mean?

What should I do?

What should I tell God (pray about)?

Who can I tell?

# Questions to answer

1. This week, what are some things that are easy for you to thank God for? What are you most thankful for?
2. Have you actually given God thanks for these things today? What are some ways you can tell or show God that you're thankful? (Be creative!)
3. What are some things right now that you don't feel thankful for?
4. Is there anything we can't thank God for? (If you're unsure, read Ephesians 5:20 again).