Choose Best: Session 1 Follow Me.



Key Scriptures Passage	Questions for Reflecting and Group Discussion
	Sharing with six questions
Philippians 1:6	Pray for the Spirit's guidance and direction together.
Luke 9:57-62 You are formed as you follow	Read the Key Scripture Passage. Discuss each question, giving time for all to respond. Silence may be required sometimes to give time for all to process the questions.
 Jesus. Putting Down and Picking up Put down your "guarantees? and pick up trust in Jesus. Put down your agenda and pick up Jesus' mission Put down distractions and pick up commitment. 	 Answer the following questions together as a group What do we learn about God from this passage? What do I learn about people? Is there a sin to avoid? Is there a promise to trust? Is there a command to obey? Is there an example to follow?
Group Values: <u>Authenticity</u> – Be honest. As you share together, learn to build trust with one another. <u>Accountability</u> – Give permission for others to ask you questions about your life. <u>Safety</u> – NO gossip. However, if someone is in danger, putting someone in danger, or through their inaction causing a person to be in danger then it must be reported.	 By Sections: Section 1: What do you think your "best" looks like? How do you behave when you are at your best? Section 2: What are some influences that might be shaping you from the outside? Political? Philosophical? Work-related? How do these influences affect how you determine what is "better?" Read Luke 9:57-62. What is your take on each of the three people challenged to follow Jesus? How would you react? How do you react to Jesus call to follow him today? Section 3: Reflection, pray together as a group. Discuss as a group, then pray: What do I need to put down to pick up the call to follow Jesus?

