

Key Scriptures Passage	Questions for Reflecting and Group Discussion
<p>Romans 12:2</p> <p>Daniel 6:5,11,22</p> <p>Luke 21:37, 22:39</p> <p>Ephesians 4:21-24</p> <p>True Change does not come from Behavior Modification but Spiritual Transformation.</p> <p>Develop small Christ centered habits for big spiritual change.</p> <p>Create a New Habit</p> <p>If you want to change what you do, change your cues.</p> <ol style="list-style-type: none"> 1. Make it obvious. 2. Make it easy. 3. Habit Stack. <p>I will do _____ after I _____.</p> <p>Group Values:</p> <p>Authenticity – Be honest. As you share together, learn to build trust with one another.</p> <p>Accountability – Give permission for others to ask you questions about your life.</p> <p>Safety – NO gossip. However, if someone is in danger, putting someone in danger, or through their inaction causing a person to be in danger then it must be reported.</p>	<p><u>Sharing with six questions</u></p> <p>Pray for the Spirit's guidance and direction together.</p> <p>Read the Key Scripture Passage. Discuss each question, giving time for all to respond. Silence may be required sometimes to give time for all to process the questions.</p> <p>Answer the following questions together as a group</p> <ul style="list-style-type: none"> • What do we learn about God from this passage? • What do I learn about people? • Is there a sin to avoid? • Is there a promise to trust? • Is there a command to obey? • Is there an example to follow? <p>For Discussion:</p> <ol style="list-style-type: none"> 1. What are some habits that you have seen have a cumulative effect over time? 2. What do you think of the "Habit Cycle?" Do you see habits that you consciously or unconsciously have developed? 3. What habits do you need to stop? 4. What is the "spiritual who" God is calling you to be now? With that in mind, what spiritual "how" (habit) would you hope to start? <ol style="list-style-type: none"> a. How can you make it obvious? b. How can you easy? c. Are there other Christ honoring habits you can stack with that one? <p>Pray as a group for God to lead all the people of the group. Ask Him to to each person what areas need change, and where you need to surrender to Him to have His power work through each of you.</p>

