Been there: Session 1
Stop Controlling That



Key Scriptures Passage

Questions for Reflecting and Group Discussion

Hebrews 4:15-16

Matthew 26:36-40, 42

Proverbs 3:5-6

Matthew 10:39

Group Values:

<u>Authenticity</u> – Be honest. As you share together, learn to build trust with one another.

<u>Accountability</u> – Give permission for others to ask you questions about your life.

<u>Safety</u> - NO gossip. However, if someone is in danger, putting someone in danger, or through their inaction causing a person to be in danger then it must be reported.

Start talking. Find a conversation starter for your group.

• Do you have any favorite Easter memories or traditions?

Start thinking. Ask a question to get your group thinking.

- Which part of this message was most impactful for you and why?
- Read Matthew 10:39. What do you think it means to "lose your life"? How could "losing" your life actually help you find it?
- How easy or difficult is it for you to surrender to God?

Start sharing. Choose a question to create openness.

- Is there something in your life that you're trying to control that God wants you to surrender? What's one step you could take to surrender to Him this week?
- Share about a time when you were tempted to control, but chose to surrender instead. What did you learn about God through that experience?

Start praying. Be bold and pray with power.

Father, thank You for Your Son. By going to the cross to die for our sins, Jesus showed us what it looks like to surrender our lives to You. Please show us where we're trying to control our lives and help us to trust You with these things instead. We want to live fully surrendered to You. In Jesus' name, amen.

Start doing. Commit to a step and live it out this week.

- When you notice yourself trying to control this week, pause and find a way to surrender instead.
- Start the Jesus Can Relate Bible Plan using Plans With Friends: www.go2.lc/beenthere
- Consider how you could love others by serving on the weekend or with a Local Mission Partner.



