

Key Scriptures Passage	Questions for Reflecting and Group Discussion
<p>Romans 12:2</p> <p>1 Samuel 16:13</p> <p>2 Samuel 11:1-2</p> <p>Proverbs 4:14-15, 13:20</p> <p>True Change does not come from Behavior Modification but Spiritual Transformation.</p> <p>The habits you have today will shape who you become tomorrow.</p> <p>Breaking the Cycle</p> <ol style="list-style-type: none"> 1. Be specific: you cannot defeat what you do not define. 2. Remove the cue. 3. Interrupt the action. 4. Get help/ Seek Accountability. <p>Group Values:</p> <p><u>Authenticity</u> – Be honest. As you share together, learn to build trust with one another.</p> <p><u>Accountability</u> – Give permission for others to ask you questions about your life.</p> <p><u>Safety</u> – NO gossip. However, if someone is in danger, putting someone in danger, or through their inaction causing a person to be in danger then it must be reported.</p>	<p><u>Sharing with six questions</u></p> <p>Pray for the Spirit's guidance and direction together.</p> <p>Read the Key Scripture Passage. Discuss each question, giving time for all to respond. Silence may be required sometimes to give time for all to process the questions.</p> <p>Answer the following questions together as a group</p> <ul style="list-style-type: none"> • What do we learn about God from this passage? • What do I learn about people? • Is there a sin to avoid? • Is there a promise to trust? • Is there a command to obey? • Is there an example to follow? <p>For Discussion:</p> <ol style="list-style-type: none"> 1. Be honest, are there some habits you need to break? How can you get help identifying them? 2. Do you ever sense that you may be headed for a train wreck? Consider David, why do you think he made the decisions he did? Can you see the small steps he took to get to the place he ended up? 3. Define what you need to defeat. Ask the group for prayer and perhaps accountability. Is the habit you need to stop in need of professional help? How can the group help you? <p>Pray as a group for God to lead all the people of the group. Ask Him to to each person what areas need change, and where you need to surrender to Him to have His power work through each of you.</p>

