

## Key Scriptures Passage

# **Questions for Reflecting and Group Discussion**

John 16:33

Psalm 31:9-10

Job 19:25-27

1 Corinthians 13:12-13

The struggle is real. Jesus gives us faith, hope, and love to heal.

### **Group Values:**

<u>Authenticity</u> – Be honest. As you share together, learn to build trust with one another.

<u>Accountability</u> – Give permission for others to ask you questions about your life.

<u>Safety</u> – NO gossip. However, if someone is in danger, putting someone in danger, or through their inaction causing a person to be in danger then it must be reported.

## **Sharing with six questions**

Pray for the Spirit's guidance and direction together.

Read the Key Scripture Passage. Discuss each question, giving time for all to respond. Silence may be required sometimes to give time for all to process the questions.

Answer the following questions together as a group

- What do we learn about God from this passage?
- What do I learn about people?
- Is there a sin to avoid?
- Is there a promise to trust?
- Is there a command to obey?
- Is there an example to follow?

#### By Sections:

#### Section 1:

 All of us have lost something at some point in our lives. How have you experienced loss? What did you do to get through?

#### Section 2:

 IF you reflect on some loss in your life, a job, a graduation, financial loss, or a loved one – did you see these stages of grief, or was your experience different?

Section 3: Reflection, pray together as a group.

- What are your thoughts on faith, hope, and love as a way to travel through the wilderness of grief?
- What relationship do I need to reconcile?
- Who do I love who needs to know I care?





# The Struggle is Real: Session 1 Grief





