Been there: Session 6
Feeling Underappreciated



## **Key Scriptures Passage**

## Questions for Reflecting and Group Discussion

Luke 17:12-17

Luke 4:15

Matthew 6:1-4

Hebrews 6:1-2,4

## **Group Values:**

<u>Authenticity</u> – Be honest. As you share together, learn to build trust with one another.

<u>Accountability</u> – Give permission for others to ask you questions about your life.

<u>Safety</u> – NO gossip. However, if someone is in danger, putting someone in danger, or through their inaction causing a person to be in danger then it must be reported.

Start talking. Find a conversation starter for your group.

What are some ways you enjoy being appreciated?

Start thinking. Ask a question to get your group thinking.

- Which part of this message was most impactful for you and why?
- What are some things you do consistently for the people around you? How appreciated do you feel for what you do?
- Read Hebrews 6:10-11. What stands out to you from this
  passage? How does it feel to know that God sees the valuable
  work you're doing, even if you feel underappreciated?

Start sharing. Choose a question to create openness.

- Talk about some ways you find your worth and value. Who does God say you are, and how does this impact the way you view yourself?
- Share about a time when you felt truly appreciated. What was that experience like, and what did you learn about the value of appreciating others?

Start praying. Be bold and pray with power.

Father, thank You for the work You're doing in our lives, even if we don't fully see or understand. Please show us ways we can appreciate the people in our lives this week. We thank You that You see us and the significant work we're doing. Remind us to do it all for Your glory. In Jesus' name, amen.

Start doing. Commit to a step and live it out this week.

- Is there someone in your life who you need to appreciate? Do something for them this week.
- Start the Jesus Can Relate Bible Plan using Plans With Friends: www.go2.lc/beenthere
- Consider how you could love others by serving at The JC on Sunday AM or by serving in our Missions Initiatives such as People in Need or Vigilant Hope.



