

Key Scriptures Passage	Questions for Reflecting and Group Discussion
<p><b>Matthew 5:1-5</b>  <b>Proverbs 3:5-6</b>  <b>Philippians 2:7-8</b></p> <p><b>How to be Meek to be Strong:</b></p> <ol style="list-style-type: none"> <li>1. <b>Patience</b> <ul style="list-style-type: none"> <li>○ <i>Understanding</i></li> <li>○ <i>Empathy</i></li> <li>○ <i>G.R.I.T.</i></li> <li>○ <i>Forgiveness</i></li> </ul> </li> <li>2. <b>Surrender</b></li> </ol> <p><b>Group Values:</b></p> <p><u>Authenticity</u> – Be honest. As you share together, learn to build trust with one another.</p> <p><u>Accountability</u> – Give permission for others to ask you questions about your life.</p> <p><u>Safety</u> – NO gossip. However, if someone is in danger, putting someone in danger, or through their inaction causing a person to be in danger then it must be reported.</p>	<p><b>Start talking.</b> Find a conversation starter for your group.</p> <ul style="list-style-type: none"> <li>• How do you define strength? Do you think of yourself as strong? Do you have weaknesses?</li> <li>• What about this message challenged you? What seemed to really hit home for you?</li> </ul> <p><b>Start thinking.</b> Ask a question to get your group thinking.</p> <ul style="list-style-type: none"> <li>• Read Matthew 5:5</li> <li>• What do you think of the idea that “meekness” is not “weakness?” Can you think of an example of how this quality may be seen in your life?</li> </ul> <p><b>Start sharing.</b> Choose a question to create openness.</p> <ul style="list-style-type: none"> <li>• Read Philippians 2:5-11</li> <li>• This is likely a hymn of the first century church. What are the qualities of Jesus that the hymn celebrates?</li> <li>• How do you see these qualities? Do see them as strong or weak?</li> <li>• What is the outcome of Jesus’ surrender to the Father’s will? Will this kind of surrender be something that you can achieve? Why or why not?</li> <li>• How are you gifted, talented, or strong? How can you use those qualities in a “meek” but “strong” way – that is, in a Jesus-like way?</li> </ul> <p><b>Start praying.</b> Be bold and pray with power.</p> <p><i>God, I know that I am not perfect. I have failed, and will likely fail again. Convict my heart so that I may mourn my sin, that I will feel it and change to be more like Jesus. Help me to grow in purity, love, and truth. In Jesus Name, Amen</i></p> <p><b>Start doing.</b> Commit to a step and live it out this week.</p> <ul style="list-style-type: none"> <li>• Consider how you could use your strength to serve the church family or the people in the community you live in such as PiN, Agape Food Ministries, or The Giving Garden.</li> </ul>

