

Bless the LORD Psalm 103

"The unthankful heart discovers no mercies; but the thankful heart will find, in every hour, some heavenly blessings." Henry Ward Beecher

Psalm 103:1 Bless the LORD, my soul, And all that is within me, bless His holy name.

2 Bless the LORD, my soul, And do not forget any of His benefits;

Satan kept hammering away at Job with the Goal of trying to get him to Curse God! Even his wife gave up and cried out: "Do you still hold fast your integrity? Curse God and die!"

His Blessings 1,2

- Talking to yourself?
- Soul matter of the eternal
 - flesh may vote
 - personality may vote
- Sum all that is within me
- Slip forget not any of His benefits

His Blessings 1,2

- Soul matter of the eternal
- Sum all that is within me
 - holding nothing back!
 - "Abandonment means to refuse yourself the luxury of asking any questions." Oswald Chambers 4/28
- Slip forget not any of His benefits

His Blessings 1,2

- Talking to yourself?
- Soul matter of the eternal
- Sum all that is within me
- Slip forget not any of His benefits
 - Recall
 - Replace

"It's one thing to be grateful. It's another to give thanks. Gratitude is what you feel. Thanksgiving is what you do." Timothy Keller

3 Who pardons all your guilt, Who heals all your diseases;

His Benefits 3-5

- He Pardons
 - First is the forgiveness of sin
 - Redemption!
 - Only the One owed can forgive the debt!

"I would maintain that thanks are the highest form of thought; and that gratitude is happiness doubled by wonder." G.K. Chesterton

3 Who pardons all your guilt, Who heals all your diseases;

His Benefits 3-5

- He Heals
 - Remember this is about the soul
 - The worst diseases are not of the body!
 - Pride is a cancer that destroys the soul

Thankful hearts do not grow weeds of pride!

4 Who redeems your life from the pit, Who crowns you with favor and compassion;

His Benefits 3-5

- He Redeems
 - 'one who redeems' הגוֹאָל 'cone who redeems'
 - The Kinsman!
 - What was our end without our Redeemer?

"No duty is more urgent than that of returning thanks." Ambrose

4 Who redeems your life from the pit, Who crowns you with favor and compassion;

His Benefits 3-5

- •He Crowns
 - God surrounds us with favor (undeserved gifts)
 - God surrounds us with mercy (Solomon & baby)

"It is not how much we have, but how much we enjoy, that makes happiness." C.H. Spurgeon

5 Who satisfies your years with good things, So that your youth is renewed like the eagle.

His Benefits 3-5

- He Satisfies
 - 'mouth' 'desires' 'years' 'life'
 - "who satisfies you with good" ESV
 - Truly satisfied is Biblical contentment

"God whispers to us in our pleasures, speaks in our consciences, but shouts in our pains." C.S. Lewis

Php 4:19 My God Any day/Every year Heaven DATE PAY TO THE Praying Believer S All you need! ORDER OF He is able to do above and beyond all that we ask or think A Christ Jesus His Will FOR **#1234567890** His Riches in Glory **#1234567890**

Who do we thank?

Our Redeemer
Our Provider
Our Friend

Thanksgiving will not be measured by what we have but rather what we return!



verse

Point points thanks giving office

