

Spiritual Formations

We are not talking about religion.

Communion

Genesis 1:26 & John 4,15

Cycle of Formation

- I. You were created in the image of God
- II. You departed God
- III. You were injured
- IV. You healed with scar tissue
- V. The scar tissue causes more pain
- VI. You now feel pain from the scar and not the original injury
- VII. God wants to heal your injury and remove your scars
- VIII. God wants to re-form you

I. You were created in the image of God

- a. Adam and Eve became board with what they had
 - i. On your birthday, you were in a good space. Mommy always fed you and daddy loved to play with you

When we felt threatened we would hold Daddy's hand a little tighter and we trusted that he would protect us.

We could cry on Mommy's shoulder and she could make everything okay.

We left home and went into the world. We forgot the teachings of Mom and Dad and started listening to other folks. They hurt us and we felt bad about ourselves.

Some of us did not have parents. We lived with the constant pain of wishing Mommy and Daddy would come back for us.

We suffered hurt that went unattended.

We looked for substitutes to fill the lonely spaces. People who promised to be our friends could not fill the void.

When you try to replace your pain with earthly pleasures you can become overtaken by those pleasures and ultimately be destroyed by them.

II. Adam and Eve listened to persons other than God (The serpent and Satan)

i. Satan

1. The devil is lurking about seeking who he may devour

1 Peter 5:8 Be sober, be vigilant, because your adversary the devil walketh about as a roaring lion, seeking whom he may devour.

Watch out for the snakes in your life

2. He is the author of confusion
3. He is always seeking
4. There is always an evil influence behind the evil words people speak to us – Eph. 6:12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

ii. Serpent

1. Good people can be used by the devil to hurt us
2. We can't allow other people's words to influence us
3. If someone gives you a wisdom that does not come from God reject it