

HELP FOR THE SEASON

1 Timothy 6: ¹¹ But you, O man of God, flee these things and pursue righteousness, godliness, faith, love, patience, gentleness. ¹² Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses.

Philippians NKJV 4: ⁶ Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

1. Taking our eyes off of Jesus

Matthew NKJV 14: ²⁸ And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water."

²⁹ So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus. ³⁰ But when he saw [Ⓜ] that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!"

³¹ And immediately Jesus stretched out *His* hand and caught him, and said to him, "O you of little faith, why did you doubt?" ³² And when they got into the boat, the wind ceased.

2. Stop comparing yourself to others

2 Corinthians NKJV 10: ¹² For we dare not class ourselves or compare ourselves with those who commend themselves. But they, measuring themselves by themselves, and comparing themselves among themselves, are not wise.

Hebrews NKJV 13: ⁵ *Let your conduct be without covetousness; be content with such things as you have.* For He Himself has said, "I will never leave you nor forsake you.

1 Peter 4: ¹⁰ As each one has received a gift, minister it to one another, as good stewards of the manifold grace of God. ¹¹ If anyone speaks, *let him speak* as the [Ⓜ] oracles of God. If anyone ministers, *let him do it* as with the ability which God supplies, that in all things God may be glorified through Jesus Christ, to whom belong the glory and the [Ⓜ] dominion forever and ever. Amen.

3. Let somebody help you

Galatians NKJV 6: Brethren, if a man is ¹overtaken in any trespass, you who *are* spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. ²Bear one another's burdens, and so fulfill the law of Christ.

- **First, get in the habit of asking God for help**

Psalms NKJV 46: God *is* our refuge and strength,
A¹ very present help in trouble.

Proverbs NKJV 18: ¹⁰The name of the Lord *is* a strong tower;
The righteous run to it and are ¹⁴safe.

Ephesians NKJV 6: ¹⁸praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints

Conclusion:

- **Keep your eyes on Jesus, (Don't loose your focus)**
- **Stop comparing yourself to others**
- **Let somebody help you**