

ENDING THE FAST THE RIGHT WAY

2 Timothy NIV 4: In the presence of God and of Christ Jesus, who will judge the living and the dead, and in view of his appearing and his kingdom, I give you this charge:² Preach the word; be prepared in season and out of season; correct, rebuke and encourage—with great patience and careful instruction.³ For the time will come when people will not put up with sound doctrine. Instead, to suit their own desires, they will gather around them a great number of teachers to say what their itching ears want to hear.⁴ They will turn their ears away from the truth and turn aside to myths.⁵ But you, keep your head in all situations, endure hardship, do the work of an evangelist, discharge all the duties of your ministry.

1 Peter NKJV 5: ⁸ Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. ⁹ Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world.

1. You are responsible for maintenance of your own heart,

Proverbs NKJV 4: ²³ Keep your heart with all diligence, For out of it *spring* the issues of life.

Hebrews NKJV 4: ¹² For the word of God *is* living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.

2. Make some changes or edits to your life,

Proverbs NKJV 4: ²⁴ Put away from you a deceitful mouth, And put perverse lips far from you.

2 Corinthians NKJV 6: ¹⁴ Do not be unequally yoked together with unbelievers. For what fellowship has righteousness with lawlessness? And what communion has light with darkness? ¹⁵ And what accord has Christ with

Belial? Or what part has a believer with an unbeliever? ¹⁶ And what agreement has the temple of God with idols? For you^o are the temple of the living God. As God has said:

“I will dwell in them
And walk among *them*.
I will be their God,
And they shall be My people.”

3. Make your plan and keep it,

Proverbs NKJV 4:²⁵ Let your eyes look straight ahead, And your eyelids look right before you. ²⁶ Ponder the path of your feet, and let all your ways be established.²⁷ Do not turn to the right or the left; Remove your foot from evil.

Hebrews NKJV 10: ²⁴ And let us consider one another in order to stir up love and good works, ²⁵ not forsaking the assembling of ourselves together, as *is* the manner of some, but exhorting *one another*, and so much the more as you see the Day approaching.