

# LONG LIFE AND PEACE

Matthew 6: <sup>25</sup> “Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? <sup>26</sup> Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? <sup>27</sup> Which of you by worrying can add one cubit to his stature?”

## 1. Long life and peace

**Psalms NKJV 91:** <sup>16</sup> With long life I will satisfy him,  
And show him My salvation.”

- Salvation: Hebrew; yshuw`ah; deliverance, prosperity, health, welfare, help,

**Ephesians NKJV 6:** Children, obey your parents in the Lord, for this is right. <sup>2</sup> “Honor your father and mother,” which is the first commandment with promise: <sup>3</sup> “that it may be well with you and you may live long on the earth.”

## 2. Seekers of peace

**1 Peter NKJV 3:** <sup>8</sup> Finally, all of you be of one mind, having compassion for one another; love as brothers, be tenderhearted, be courteous; <sup>9</sup> not returning evil for evil or reviling for reviling, but on the contrary blessing, knowing that you were called to this, that you may inherit a blessing. <sup>10</sup> For “He who would love life And see good days, Let him refrain his tongue from evil, And his lips from speaking deceit. <sup>11</sup> Let him turn away from evil and do good; Let him seek peace and pursue it.

**Philippians NKJV 4:** <sup>6</sup> Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; <sup>7</sup> and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.