

BENEFITS OF PRAYER AND FASTING

Matthew NKJV 17: ¹⁴And when they had come to the multitude, a man came to Him, kneeling down to Him and saying, ¹⁵“Lord, have mercy on my son, for he is ¹⁶an epileptic and suffers severely; for he often falls into the fire and often into the water. ¹⁶So I brought him to Your disciples, but they **could not cure him.**”

¹⁷Then Jesus answered and said, “O ¹⁸faithless and perverse generation, how long shall I be with you? How long shall I bear with you? Bring him here to Me.” ¹⁸And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour.

¹⁹Then the disciples came to Jesus privately and said, “Why could we not cast it out?”

²⁰So Jesus said to them, “Because of your ²¹**unbelief**; for assuredly, I say to you, if you have faith as a **mustard seed**, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you. ²¹However, this kind does not go out except by **prayer and fasting.**”

Hebrews NKJV 11: ⁶But without faith *it is* impossible to please *Him*, for he who comes to God must believe that He is, and *that* He is a rewarder of those who diligently seek Him

Mark NKJV 6: ⁵Now He could do no mighty work there, except that He laid His hands on a few sick people and healed *them*. ⁶And He marveled because of their unbelief.

THREE KINDS OF UNBELIEF

1. Ignorance

Hosea NKJV 4: My people are destroyed for lack of knowledge.

You were never taught, unbelief center in ignorance,

2. Disbelief

- This kind of unbelief comes from being taught the wrong thing,
- Harder to overcome because now you have a disdain for the truth,

Malachi NKJV 3: ⁶“For I *am* the Lord, I do not change;

Hebrews NKJV 13: ⁸Jesus Christ *is* the same yesterday, today, and forever.

2 Timothy NKJV 3: ¹⁶All Scripture *is* given by inspiration of God, and *is* profitable for doctrine, for reproof, for correction, for ¹⁷instruction in righteousness, ¹⁷that the man of God may be complete, thoroughly equipped for every good work.

3. Natural Unbelief

Matthew NKJV 17: ¹⁴And when they had come to the multitude, a man came to Him, kneeling down to Him and saying, ¹⁵“Lord, have mercy on my son, for he is ¹⁶an epileptic and suffers severely; for he often falls into the fire and often into the water. ¹⁶So I brought him to Your disciples, but they **could not cure him.**”

Matthew NKJV 17: ¹⁹Then the disciples came to Jesus privately and said, “Why could we not cast it out?”

- Natural unbelief comes from the report of your five senses,

²⁰So Jesus said to them, “Because of your ²⁰**unbelief**; for assuredly, I say to you, if you have faith as a **mustard seed**, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you. ²¹However, this kind does not go out except by **prayer and fasting.**”

- But this kind comes out by prayer and fasting,