# HOLD UP

<u>Genesis 16:1-6,</u> Now Sarai, Abram's wife, had borne him no children. She had a female Egyptian servant whose name was Hagar. <sup>2</sup> <u>And Sarai said to Abram, "Behold</u> <u>now, the Lord has prevented me from bearing children.</u> Go in to my servant; it may be that I shall obtain children by her." And Abram listened to the voice of Sarai. <sup>3</sup> So, after Abram had lived <u>ten years</u> in the land of Canaan, Sarai, Abram's wife, took Hagar the Egyptian, her servant, <u>and gave her to Abram her husband as a</u> <u>wife</u>. <sup>4</sup> And he went in to Hagar, and she conceived. And when she saw that she had conceived, she looked with <u>contempt</u> on her mistress. <sup>5</sup> And Sarai said to Abram, "May the wrong done to me be on you! I gave my servant to your embrace, and when she saw that she had conceived, she looked on me with contempt. May the Lord judge between you and me!" <sup>6</sup> But Abram said to Sarai, "Behold, <u>your</u> <u>servant is in your power</u>; do to her as you please." Then Sarai dealt harshly with her, and she fled from her.

## KEYS TO HELP YOU HOLD UP AND WALK IN FAITH:

1. <u>Remember Who You Are</u>. "I am loved, I am a child of God, and He is pleased with me."

<u>Matthew 3:17,</u> "and behold, a voice from heaven said, "This is my beloved Son, with whom I am well pleased."

### 2. You Don't Need More Faith.

<u>Luke 17:5-6</u>, "The apostles said to the Lord, "Increase our faith!" 6 And the Lord said, "If you had faith like a grain of mustard see, you could say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you."

### 3. Fix Your Eyes.

<u>Hebrews 12:2,</u> "looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God."

### 4. Grow in the Grace of God.

<u>2 Peter 3:18,</u> "But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To Him be the glory both now and to the day of eternity. Amen."