

## Animated Toddler & Preschool

Week 3: Online

### **BIG IDEA**

God gives me comfort when I feel sad.

### **BIBLE**

Elijah Flees to Horeb: 1 Kings 19:1–13

#### SCRIPTURE | 1 Kings 19:1–13 (Elijah Flees to Horeb)

- So far, we've been talking about the word "animated," which describes movies or TV shows that have drawings that move, like cartoons!
- **Can anyone give me some examples of animated movies or TV shows?**
- One of my favorite animated shows is *Daniel Tiger's Neighborhood* because we can learn so much about what we can do when we feel big feelings!
- **INSTRUCTIONS:** Show [this](#) video, "Things to Do When You Feel Sad" from *Daniel Tiger's Neighborhood* before you tell the Bible story. For the Scripture readings, feel free to use an easy-to-understand Bible translation of your choice. For more information on how to legally use copyrighted material for educational purposes, [read this!](#)
- In this animated clip, we saw how Daniel Tiger was very sad. **What are some things he did to feel better?**
- Today, we're hearing all about the prophet, Elijah, who also was feeling very sad. Elijah loved God so much, he had a contest with a bunch of people who believed in a different god to see who was the real God.
- Of course, it was no contest. The real God made the fake god and all its followers look silly. But then . . .
  - *[Read 1 Kings 19:1-5a.]*
- A mean queen named Jezebel, who worshiped the fake god, got really mad at Elijah. Elijah was scared so he ran away!
- He ran and ran until he got so tired and so sad. But an angel came and gave him food and water.
  - *[Read 1 Kings 19:5b-9.]*
- When Elijah heard this, he talked to God about how he was feeling. Elijah was sad because God had helped him when he went up against the followers of the fake god, but now God seemed far away.
  - He said: *[Read 1 Kings 19:10-13.]*
- God told Elijah to go out and stand on the mountain and wait for God.
  - A mighty wind came, but God didn't appear with the wind. *[Make wind sounds.]*
  - Then, an earthquake shook everything, but God didn't appear with the earthquake. *[Invite kids to stomp on the ground with you.]*
  - And then a fire burned, but God wasn't there either! *[Wiggle your fingers like a flame.]*
- Then, Elijah heard a gentle whisper. It was God speaking softly and directly to Elijah! This was God's way of comforting Elijah and letting him know he wasn't alone.

BIG IDEA | God gives me comfort when I feel sad.

- Let's all say the Big Idea together: **God gives me comfort when I feel sad.**

VIDEO | Animated, Episode 3

- **INSTRUCTIONS:** *Play this week's episode of [Cali's World](#).*

PRAYER

- **INSTRUCTIONS:** *Before prayer time each week, play this emoji music video, "[Jesus Loves Me](#)," and have kids sing along.*
- God, thank you for your comfort when I'm sad. Show me what I can do to feel better when I'm sad. Teach me how to comfort others who are sad. Thank you for always being with me. Amen.

## SHARING TIME

ACTIVITY | Circle Time

- **Why was Elijah so sad?**
- **How did God appear to Elijah on the mountain?**
- **What will you do the next time you feel sad?**

MEMORY VERSE | Romans 15:13a (NIV)

- **"May the God of hope fill you with all joy and peace as you trust in him."**