



# WEEK 1

## ELEMENTARY LESSON GUIDE



# BLAST OFF

## BIG IDEA

We can spend time with God.

## THE BIBLE

Jesus Visits Mary and Martha: Luke 10:38-42;  
(Colossians 4:2)

### At Home

#### BIBLE STORY | Jesus Visits Mary and Martha

- **INSTRUCTIONS:** *Read or act out the Bible story from Luke 10:38-42 together.*
- Jesus went to Mary and Martha's house for dinner, but when He got there, only Mary spent time with Him! Martha was busy cleaning, cooking, and getting ready for the party. She was so busy that she even got angry with Mary for not helping!
  - Do you think Mary did anything wrong?
  - Do you think Martha did anything wrong?
- But Jesus wasn't angry at Mary, and He didn't think she did anything wrong. **He was happy Mary was spending time with Him!**
- Even though Jesus corrected Martha and told her to come sit with Him, Jesus wasn't angry at her — **He just thought she needed a reminder about what mattered most.**

#### BIG IDEA | We can spend time with God.

#### QUESTION | How can we spend time with God?

- Since Jesus isn't here on earth, we can't invite Him over for dinner or sit at His feet like Mary and Martha did. **So how can we spend time with God?**
- **INSTRUCTIONS:** *Have every kid shout their answer, but then ask a few kids to share their answers with everyone. When several kids have answered, list the ways we can spend time with God, like . . .*
  - *Talking to God in prayer.*
  - *Reading the Bible.*



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- *Singing songs of praise.*
- *Coming to church.*

### **RESPONSE** | My Time with God

- **INSTRUCTIONS:** *Print a copy of the My Time with God printable provided.*
- Every day that you remember to spend time with God this week, color in one rocket ship. Next week, bring your coloring page back with you, so we can see how many days you spent time with God!
- You might forget to spend time with God sometimes. That's okay! Just like Martha learned, Jesus isn't angry at us when we get distracted, but He's always excited when we decide to spend time with Him!
- This week, I hope you remember how exciting it is that **we can spend time with God!** When we spend time with God, we get to see God "launch" our faith to even greater heights!

### **MEMORY VERSE** | Psalm 119:105 (NIV)

- One of the ways we spend time with God is by hearing and remembering God's words!
- "Your word is a lamp for my feet, a light on my path."

### **PRAYER**

- Dear God, thank you for showing us that we can spend time with you anywhere. Help us to put aside the other things in our lives for a moment and use that time to talk to you! Amen.

# LAUNCH YOUR FAITH: SPEND TIME WITH GOD

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY