

# Blast Off for Elementary & Preteen

Week 2: At Home

## BIG IDEA

People can help our faith grow.

## BIBLE

Jesus Heals a Paralyzed Man: Mark 2:1-12; (Galatians 6:2)

### BIBLE STORY | Jesus Heals a Paralyzed Man

- **INSTRUCTIONS:** *Read or act out the Bible story from Mark 2:1-12 together.*
- The man in this story needed to meet Jesus, but he couldn't get to Him! Not only was the house where Jesus was teaching completely full, but this man wasn't able to walk.
  - **What did his friends do to help him?**
  - **Why do you think his friends decided to help him?**
- The man's friends picked him up on his mat (kind of like you did with that balloon earlier), and carried him all the way to the house where Jesus was. But they didn't stop there.
  - They climbed onto the roof.
  - They dug a hole in the roof.
  - They got some rope and figured out what to do.
  - They lowered their friend down toward Jesus.
  - (And hopefully they fixed whoever's roof they destroyed.)
- When the man finally met Jesus (thanks to his friends), the man got more than he ever dreamed he would get! Jesus healed his legs — but even more importantly, Jesus forgave him and gave him a brand new life!

### BIG IDEA | People can help our faith grow.

- This story can teach us something really important about **how we can launch our faith in God to new heights.** But I need your help to find out what it is!
- **People can help our faith grow!** Repeat that with me. **People can help our faith grow!**

### RESPONSE | We Can Help Each Other Grow

- It's not always easy to figure out how to help each other get closer to God. Sometimes we're not sure where to start! So to help us get started, let's each **pick one person we can help grow closer to Jesus**, and then **pick one person who can help us grow closer to Jesus**. Remember all the ways we've already talked about!
- **INSTRUCTIONS:** *Give each kid a piece of paper and colored pencils or crayons. Tell them to fold the paper in half. On the left side, have them write or draw (or both) one person who has helped them grow closer to Jesus and one way they have done that. On the right side, have them write or draw (or both) one person who they can help grow closer to Jesus, and how they plan to do that.*

## OBJECT LESSON | Fold It Up

- You've already folded your paper once, and you've already named one person who has helped you grow closer to Jesus, but let's see if we can name some more. **Each time we fold our papers, let's name someone who has helped us grow closer to Jesus.** Let's see how many we can do!
- **INSTRUCTIONS:** *All together, have every kid fold their paper in half, and then shout the name of the person they drew. All together, have them fold their paper in half again (into quarters), and shout the name of someone else who has helped their faith grow. Keep going until the paper can't be folded anymore — for most kids, this will be after five, six, or seven folds. Afterward, play [this video clip](#) from the show Mythbusters.*
  - **SPECIAL NEEDS HACK:** *Have adults or buddies available to help fold the paper.*
- Most of us could only fold our paper five, six, or seven times by ourselves. But just like we've seen over and over again today, even folding paper is easier when you have a whole team. When they worked together, the *Mythbusters* team folded their paper eleven times!

## MEMORY VERSE | Psalm 119:105 (NIV)

- **"Your word is a lamp for my feet, a light on my path."**

## PRAYER

- Dear God, thank you for giving us people that take care of us and help us to know you better. Help us to be good friends too by spending time with others and talking to them about you! Amen.