

Blast Off for Elementary & Preteen

Week 4

BIG IDEA

We can serve others.

BIBLE

Jesus Washes His Disciples' Feet: John 13:1-17, 34-15; (Romans 12:3-8)

WHAT?

BIBLE STORY | Jesus Washes His Disciples' Feet

- **INSTRUCTIONS:** *Read or act out the Bible story from John 13:1-17, 34-15 together.*
- Jesus' friends (who we call the disciples) had pretty dirty feet. That's because people in those days didn't have boots, sneakers, paved roads, cars, buses, or bikes. Instead, they usually wore sandals and either walked or rode animals down dusty roads. **That means their feet got really, really dirty.**
- Plus, mealtime back then was different from what mealtime might be like at your house. Instead of sitting at a tall table in chairs, people used to sit or lie on the ground to eat. **That means your food would be really close to everyone's dirty feet!** So you'd probably want to make sure your feet got washed before you sat down to eat dinner.
- Back then, people either washed their feet themselves or they would let the least important person in the room wash their feet for them. That's why it was so surprising when Jesus decided to wash his friends' feet!
- **Jesus' friends knew that Jesus wasn't the *least* important person in the room — Jesus was the *most* important person in the world!**

BIG IDEA | We can serve others.

- This story can teach us something really important about **how we can launch our faith in God to new heights.**
- **We can serve others!** Repeat that with me. **We can serve others.**

BIBLE | Romans 12:3-8

other people well, like Jesus had said. One Jesus-follower named Paul wrote a letter to help them understand how to serve and care for each other.

- **INSTRUCTIONS:** *Read the passage together.*
- There are so many ways for us to serve others, and not everyone needs to serve others in the same way.
 - Here at church, you'll see people serving by playing music, reading Bible stories, cleaning up, decorating, or making sure you have something to eat.
 - Outside of church, there are even more ways to serve others!
- We can serve each other by helping each other, encouraging each other, sharing with each other, and giving to each other. Just like Jesus did for His friends, **you can serve others too.**

STORY | Talk about a time someone served you.

- **INSTRUCTIONS:** *Tell a story from your own life (or ask a volunteer to share a story) about a time when someone used their gifts to serve you. You might talk about a teacher who taught you something important, or someone who comforted you when you were afraid, or someone who said something kind to you when you were sad. Try to choose an example that a kid could imitate!*
- **Can you think of a time when someone served you? What did they do for you?**

MEMORY VERSE | Psalm 119:105 (NIV)

- Let's practice this month's memory verse together!
- **"Your word is a lamp for my feet, a light on my path."**

PRAYER

- Dear God, thank you for showing us how to serve. Help us to find out what gifts we each have and how we can use them for you and for others. Amen.