



# COMMUNITY Groups

## April 22<sup>nd</sup> 2018: RUN FOR YOUR HONOR

### Opening

- What is your favorite food?
- What is the most extreme/odd way you've ever avoided temptation during a diet? Was it successful?

### Discussion

- Eric said that the goal is purity, not abstinence. What does that mean?
- [Read 1 Corinthians 6:12-20](#). How does the idea that your body is the Lord's impact multiple areas of your life regardless of age or relationship status?
- If worship is not just about singing, but about what we do with our lives and our bodies, what are some ways we can worship God?
- How would your life change if before every choice you asked yourself, "does this choice honor the Lord?"
- [Read 1 Samuel 15:22](#). How does this verse speak about sexual purity and worshipping God with our sexuality?
- What does the fact that God raised Jesus from the dead have to do with sexual struggles?
- How does our hope for sexual freedom, not based on what we do but based on what Jesus has already done, make you feel?
- How does remembering that this life is temporary make you feel in regards to sexual temptation?
- What seems good is often not good. What are some places in your life where you have seen something good, turn out to be not so good with no boundaries.
- Does anyone knowing the consequences willingly walk into their own destruction or do they walk into their own destruction believing a lie they have been told or have told themselves?
- If we all walked in sexual purity, what kind of witness to the world would that be?
- As Eric said, nothing good grows in the dark. How can you find new and safe ways to bring your weakness into the light and avoid secrecy?

### Application

- What biblical examples give us a good example of how to flee from temptation? What are some ways we can practically "flee" from sexual immorality?
- We talked about women being cared for and loved by the church. What are some things we can be doing to care for, and honor women? What are some ways we can stand up for women?