



## January 29<sup>th</sup>, 2017: YOUR 2 MINUTE TEAM

### OPEN

- Share about a situation where you felt pressure to compromise what you believed (your values). What happened? How did you respond? Bonus points if you share a story where you failed 😊

### DISCUSS & APPLY

- What do you remember from Eric's message on Sunday? What were some of his main points? Ask someone to summarize the context of the sermon from Daniel chapter 1.
- Read Daniel 1.8-14. Why do you think Daniel refused to eat the diet prescribed by his Captors? What does that show about his faith? Why do you think God chose to have the high official show favor and compassion on Daniel?
- How does Daniel exhibit leadership as he discusses his diet with the chief official? How did his relationship with his friends affect his decision making? In what possible ways would these friends have been a source of strength and courage for Daniel to take a bold stand?
- Read Daniel 1.15-20. How does his ten day trial work out? What do you notice in these verses? What stands out to you?
- Though this was a risky decision, what did it show about Daniel's relationship with God and his relationship with his friends?
- If you encounter a problem in your life, do you have a friend or a group of friends you could call to ask for their help or assistance; to help carry you in your time of need – how so or how not? In Eric's terms, who is your Daniel and whose Daniel are you? Can you name those people? Who are they?
- What are some ways you could establish some friendships that might prove valuable in times of crises in your life?

### COMMIT

What is one specific way this group could be better friends for each other in the next month?

### PRAY

Have everyone share one way they want to be a better friend. Pray for the person on your right - that the improvement they shared would take place in their life by God's power.